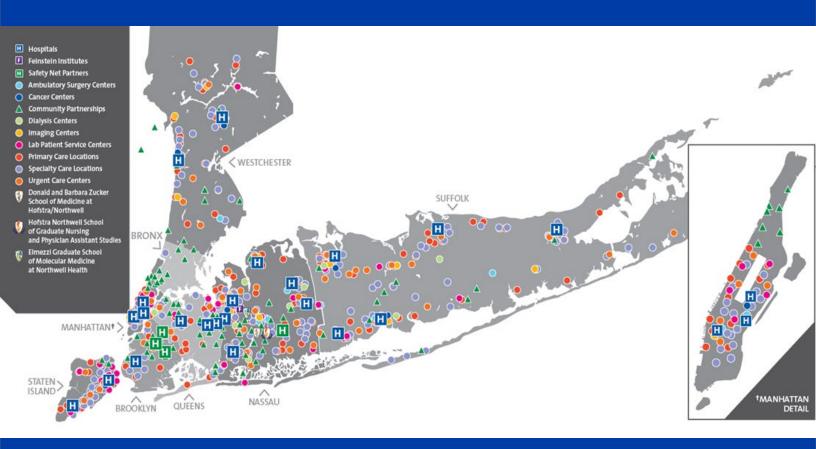
Northwell Health

Community Health Needs Assessment 2022 – 2024

Westchester County

Encompasses the following Northwell Health Hospitals: Northern Westchester and Phelps





About Northwell Health

Northwell Health is New York State's largest healthcare provider that cares for over two million people annually in the New York metropolitan region. Northwell operates 21 hospitals across 13 campuses, 830 outpatient facilities and has more than 16,600 affiliated physicians on its medical staff, 4,200+ of which are members of Northwell's multi-specialty physician's group. Northwell is also home to the Feinstein Institutes for Medical Research, and we train the next generation of medical professionals at the innovative Zucker School of Medicine at Hofstra/Northwell, and the Hofstra Northwell School of Nursing and Physician Assistant Studies.

Northwell has a long-standing commitment to providing exceptional care and investing in our most vulnerable and underrepresented communities. We have developed an extensive network of community partnerships to impact the health and well-being of the diverse communities we serve.

Our goal is to measurably improve health and wellness in the communities we serve and to provide the highest quality of care for all regardless of race, ethnicity, cultural background, language proficiency, literacy, age, gender, gender identity, sexual orientation, religion, disability, geographic location, or socioeconomic status. Northwell's integrated community and population health strategy includes data-driven approaches to screening for and addressing non-medical factors (social determinants of health). In doing so, our purpose is to empower the communities we serve to eliminate disparities and create sustainable change. This work is aligned with the Surgeon General's National Prevention strategy, and we believe is fundamental to delivering the highest quality of care to all.

The following section details the efforts of our needs assessment process for the CHNA 2022-2024 cycle. Northwell conducted both primary and secondary analysis efforts and actively engaged in efforts to listen to our communities, so as to better understand and identify their significant health needs. This report was prepared to better inform our leaders, partners, and stakeholders across the communities we serve on our approach to identify the significant health needs of our communities and alignment with the New York State Prevention Agenda Priority and Focus Areas.

Northwell Health is committed to serving our vulnerable populations to improve our communities and meet the New York State Prevention Agenda Objectives.

Northwell Health Community Health Needs Assessment 2022 - 2024

Methodology and Analysis

The purpose of the CHNA is to understand the significant health needs and priorities of those who live, play and work in the communities we serve. The Northwell Health CHNA Steering Committee began the needs assessment process for the CHNA 2022-2024 cycle in February of 2022. Out process was guided by the framework we adapted from the American Hospital Association's Community Health Improvement, Health Needs Assessment Toolkit.

Our assessment incorporated information through both primary and secondary sources. Primary analysis efforts consisted of a series of focus groups conducted with 80 community leaders across our service area. In partnership with the Greater New York Hospital Association, we also designed and implemented a health survey which was released to our community members, patients, and families through various points of care across our health system.

A secondary analysis was also collected to understand the demographics and health outcomes of each of the counties that make up our service area. The type of data that was collected and analyzed were measures of incidence, prevalence, rates of hospitalizations mortality, trends in health behaviors, the use and access of healthcare resources, and other relevant social determinants of health factor, all of which contributed to the identification of significant health needs of the communities we serve and Northwell's alignment with the NYSDOH Prevention Agenda.

The sources utilized for the secondary analysis of the CHNA are publicly available. A brief list of the resources are as follows:

- NYSDOH Community Health Indicator Reporting System (NYS CHIRS),
- NYSDOH Prevention Agenda (NYSDOHPA)
- NYSDOH Perinatal Data Profile
- NYSDOH Statewide Planning and Research Cooperative System (SPARCS)
- NYSDOH Leading Causes of Death
- CDC/NVSS Life Expectancy Tables
- NYSDOH Cancer Registry
- CDC/ATSDR Social Vulnerability Index (SVI)

- County Health Rankings & Roadmaps
- US Census / American Community Survey
- NY DCJS Criminal Justice Statistics

Throughout the Needs Assessment process, special attention was given to vulnerable communities. This report synthesizes our efforts and our findings that inform the significant health needs we identified and prioritized in alignment with the New York State Prevention Agenda. Our prioritization and related efforts to address these health needs based on the findings in this appendix are documented in other aspects of our CHNA Report, namely the Northwell Health 2022-2024 Community Health Needs Assessment Summary Report, our Northwell Health Community Service Plans for each of our hospitals, and our Northwell Health 2022-2024 Community Health Needs Assessment Implementation Plan.

Northwell CHNA 2022-2024 Primary Analysis



CHNA 2022 – 2024 Focus Group Discussions

In the Spring of 2022, the Northwell CHNA Steering Committee conducted a series of focus group discussions (FGDs) to gain a better understanding of what the most significant health needs are for the service area. A total of six FGDs were conducted with a total of 80 community leaders across our service area. This research was designed to produce primary data to inform the Community Health Needs Assessment (CHNA) process and subsequent implementation plans for each Northwell hospital.

Methodology

The FGDs were conducted following a scripted, semi-structured discussion guide. One FGD was held for five of our six county service area: Queens, Nassau, Suffolk, New York, and Richmond. The FGDs were held both inperson and virtually through the use of a Zoom platform. Each FGD lasted for approximately 90 minutes, and two members of Northwell's CHNA Steering Committee served as the primary facilitators for each FGD. For Westchester County, we convened two in-person "listening tours" at Northern Westchester Hospital. The listening tours were similar to a series of key-informant interviews with community leaders. The questions asked and information gathered about community health needs during the listening tour with community leaders in Westchester County, were similar to those of the FGDs with community leaders in the remaining five counties.

Participants were recruited through snowball sampling. For each FGD, one or two initial 'seed' participants who are community leaders within each county were identified. These participants then identified *additional* participants within their network who are also community leaders in the service area. This part of the sampling process was repeated until the desired range of 9-12 participants per group was achieved for most of the FGDs.

The criteria for participation in the FGD were:

- Age 18 or older
- Identified as a 'community leader' within the county
- Willing to participate in an audio (for in-person sessions) or video (for virtual sessions) recorded focus group discussion.

In order to hear a range of perspectives, the Northwell CHNA Steering Committee strove to include participants from a diverse cross-section of professional and demographic groups. Community participation and input through the FGDs were drawn from all sectors serving our communities. These included:

- Leaders of various community-based organizations
- Leaders from faith-based organizations
- County public health department officials and other public health leaders
- Federally Qualified Health Centers (serving low income and medically underserved populations)
- School-system administrative leadership (i.e.: superintendents)
- Community activists
- Law Enforcement Officials
- Business Leaders

Following a round of introductions, the Northwell CHNA Steering Committee led each discussion with the following open question:

"What do you see as the most pressing health concerns of the communities you serve?"

Each FGD was video- or audio-recorded and transcribed by a professional transcription service for accuracy. The transcript was then uploaded to a web-based data management and analysis software program called Dedoose, to facilitate analysis by the research team.

In order to analyze the transcript and its data systematically, we developed a comprehensive and thematic "codebook" of 54 items. The codes were drawn from the New York State Prevention Agenda Priority Areas followed by a grounded theory approach to generate additional codes based on the discussion itself.

The integrity of the data analysis was ensured in the following ways:

- Use of trained qualitative researchers
- Double-coding of each transcript
- Convening to discuss coding experiences and arrive to consensus of code applications.

To improve coding consistency, two team members blind coded the transcripts without conferring with their partner until their coding process was completed. The coding team for each transcript convened and resolved any discrepancies to produce a final version of the codebook for application and interpretation of the transcript. Consensus was reached by referring back to codebook.

Focus Group Considerations

We conducted one focus group discussion in each county of our service area. Taken together, these discussions revealed numerous thematic convergences across our highly diverse service area. Additionally, participants in each county FGD raised concerns that were heightened for, or specific to, their county. We intentionally recruited participants who worked in various sectors and were socio-demographically diverse. However, the information obtained was necessarily limited by the knowledge and opinion of the participants. Several participants served primarily poor or homeless clients. This may explain, in part, why the negative SDOH affecting poor communities were discussed extensively, including food insecurity, housing insecurity, and lack of transportation. Conducting more focus groups, perhaps with participants from the same neighborhoods, could have produced a broader and more nuanced understanding of the health needs of the diverse communities of Nassau County.



CHNA 2022 - 2024 Focus Group Discussions

Westchester County

In the Spring of 2022, the Northwell CHNA Steering Committee conducted a series of focus group discussions (FGDs) to gain a better understanding of what the most significant health needs are for the service area. A total of six FGDs were conducted with a total of 80 community leaders across our service area. This research was designed to produce primary data to inform the Community Health Needs Assessment (CHNA) process and subsequent implementation plans for each Northwell hospital.

Findings



Major keywords identified from participant feedback

Worsening mental health & substance use

The most prominent theme to emerge from the FGDs was the urgent need to address worsening mental health in recent years. Several participants acknowledged that they raised mental health concerns in their communities for several years. However, there was consensus that the stress and social isolation of the COVID-19 pandemic rapidly accelerated these negative mental health trends. The FGD participants were particularly concerned about worsening mental health crises among children and adolescents. Several specified that cases were not being identified early enough, leading to more serious consequences. FGD participants also emphasized that they were seeing acute crises in children at a younger age than they ever had before the pandemic.

The FGDs participants also stressed that current resources within their communities were inadequate to meet the mental health needs of those they serve. Mental health resources were insufficient for not just the youth, but also for other vulnerable populations such as members of immigrant communities and backgrounds with limited English proficiency.

Community leaders also perceived an increased addiction to drugs and alcohol within their communities, largely exacerbated by the pandemic. While the participants identified alcohol and drug use as a problem, they also addressed the stigma of alcohol and substance use as being a factor that reduces access to healthcare resources by community members.

Disruptions to care for chronic conditions

In addition to the harm from COVID-19 itself, participants noted that preventative care and regular vaccinations fell off during the pandemic and have yet to fully rebound. Ongoing relationships with providers were disrupted as a result of the pandemic which disproportionately affected communities of color that have been burdened by chronic illnesses such as diabetes. Disruptions to routine visits to pediatricians, vaccinations, and connections to schools also particularly affected children.

Poverty is a driver of poor health

Participants—several of whom work with low-income clients—named poverty as a fundamental cause for poor health and health inequities. Community leaders drew connections between a constellation of unmet social needs and their negative community health consequences. In particular, they named housing insecurity, food insecurity, financial instability, and lack of transportation as persistent barriers to wellbeing, especially among individuals who struggle to get by on low incomes. All of these adverse social determinants of health were linked to poverty.

Significant need for access to healthy & nutritious food

Participants acknowledged that food insecurity has been widespread and worsening within their communities. With inflation and rising food prices, the demand for food assistance has considerably increased within the service area.

Housing

Lack of adequate housing and homelessness was repeatedly raised as an unmet health related social need within the series of FGDs. The challenges of substandard housing or severe housing problems, such as overcrowding, unaffordability, inadequate basic utilities such as cooking gas for extended periods of time, paired with rising costs, all worsened health conditions.

Transportation

The lack of transportation also came up as a common factor contributing to poor health and worsening access issues. Participants acknowledged that access to health services and healthy & nutritious foods were even more difficult to achieve due to poor public transportation infrastructure. Affordability challenges for car ownership or cab fares, paired with poor public transportation networks made it difficult to find adequate treatment and social services.

Undocumented communities

In addition to challenges faced generally by low-income communities, participants shared that individuals and families who were undocumented had a particularly hard time of obtaining health care and getting other basic needs met. This was largely due to a lack of necessary documentation such as medical insurance cards, work permits, or drivers' licenses. Many undocumented immigrants were also afraid to reach out and ask for health insurance because they were concerned it would affect their ability to remain in the country.

Technological challenges

The COVID-19 pandemic accelerated a trend towards telehealth visits for certain non-urgent care. In theory, conducting visits remotely via telehealth platforms could solve for lack of transportation to visits. However, participants raised concerns that poor digital literacy and lack of technological resources could also contribute to health inequities.

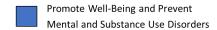
The following section highlights relevant quotations from our participants. The feedback is color-coded to reflect themes identified in alignment with the New York State Prevention Agenda Priority Areas.

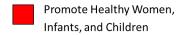
Westchester County Listening Tour Participant Feedback

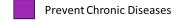
"There is hardly any communication which presents a misunderstanding of access and available services. Because of the language issue Latino population are not knowledgeable about the resources available to them, and they are unable to articulate their needs due to the existing language barrier. We need to ensure there are more bilingual staff are present in all areas of clinical services we provide."

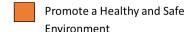
"About 1/3 of our patients are uninsured or underinsured which makes referral pathways difficult to navigate. There is a lack of access to specialty care such as cardiology, oncology, etc."

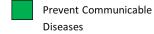
"There is a lack of regular mental health presence in the shelters. The lack of clinicians to provide specialized care to these homeless individuals discharged from the hospital makes it difficult to treat them. There is also a lack of consistent and formal training to para-professional staff such as basic training like de-escalation, mental health training 101, etc."

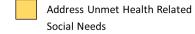














CHNA 2022 – 2024 Community Health Survey

In collaboration with the Greater New York Hospital Association (GNYHA) and its member hospitals across the New York Metropolitan region, Northwell Health participated in the 2022 Community Health Survey. The purpose of the survey was to learn from members of the community about the health issues that are important to them in order to improve the health services that are available in their neighborhoods.

Methodology

Recruitment

The Community Health Survey was open to community participation between April 11th—June 30th, 2022. Inviting community members to participate in the survey was a collective effort undertaken by GNYHA members. At Northwell, we took a multi-pronged approach to seek participation among community members across our service area:

- Patient Experience: We emailed a participation request and the Community Health Survey link to all 48,000+ Northwell patients who completed our Press-Ganey Patient Experience survey from January 1st, 2022 through June 30th 2022.
- **Go Health:** We texted a participation request with the survey link to all 17,000+ patients seen in our network of Go Health urgent care practices during the survey period.
- Innovare Kiosks: We created an advertisement requesting participation with a QR code linking to the survey. The advertisement ran several times daily during the survey period on the 33 Innovare advertising and phone-charging kiosks located throughout the health system.
- **CBO Partnerships:** We reached out to over 180 community leaders with whom we partner to request that they distribute the survey to the communities they serve in our service area. They included leaders of community-based organizations, faith-based organizations, schools, and businesses, among others.
- **Community Events:** We distributed quarter-sheet flyers requesting participation with a QR code link to the survey at community events held by the OCPH during the survey period. These events included a health career fair, cancer screenings, food distributions, among others.
- **Website:** We posted a link to the survey on our public-facing Northwell Health website for the duration of the survey period.

Eligibility

Any community member living in our six-county hospital service area age 18 or older was eligible to participate. Respondents were asked to report their zip code on the survey. No personally identifying information (e.g., names, addresses, phone numbers, or email) were collected.

Sampling

The 2022 GNYHA CHNA Survey used a non-probability convenience sample. A web-based survey tool and a paper-based tools were used to collect the survey data. Participants who completed the survey online could use any Internet-enabled device. Surveys were available in the 11 most widely spoken languages in the New York Metropolitan area: English, Spanish, Chinese, Russian, Yiddish, Bengali, Korean, Haitian Creole, Italian, Arabic, and Polish. All data collected were self-reported by respondents.

Analysis

Initial summary data analysis was completed by GNYHA. Northwell conducted sub-analyses at the county level and for certain neighborhoods within our service area, in collaboration with GNYHA, in order to gain finer insight into the needs of our diverse communities.

Survey Considerations

The survey used a non-probability convenience strategy to recruit participants. Anyone who was 18+ years of age and lived within the survey area was eligible to participate. As a result, respondents differed from the general population in certain characteristics.

Among those who provided their demographic data, respondents were older, more female, predominantly white, more highly educated, and wealthier (households that made more than \$100,000 last year), than the average for the six-county service area. The survey respondents' demographics should be kept in mind when interpreting these findings.



<u>CHNA 2022 – 2024 Community Health Survey</u> <u>Survey Findings</u>

The information below reflects the survey findings of all respondents within our six-county service area:

Respondent Demographics

- A total of 11,647 qualified respondents who were ages 18+ and lived within our six-county service area participated in the survey.
- Older individuals made up the majority of respondents. 85% (n=5,423) of respondents who reported their ages were 45 or older. However, 45% (n=5,299) of respondents did not report their age.
- The majority (67%) of respondents who reported their gender were women. 34% of respondents (n=3,943) did not indicate their gender or preferred not to say.
- Most (71%) respondents who reported their race/ethnicity indicated that they were White and non-Hispanic. 34% of respondents (n=3,909) did not indicate their race/ethnicity at all.
- College graduates comprised 67% of the respondents who chose to indicate the highest level of school they had completed.
- 44% (n=2,937) of those who specified their household income in the last year indicated that it was \$100,000 or more. 44% of all respondents did not respond to the income question. 47% (n=3,626) of those who indicated their current employment status were retired; 31% (n=2,347) were employed full-time for wages or salary.

The survey asked respondents to consider 21 different health issues and indicate how important each issue was to them on a five-point scale, ranging from 'Not at all' to 'Extremely'. Respondents were also asked to indicate how satisfied they were with the current services in their neighborhood to address each of the 21 health issues. Issues that were above average for respondents in terms of importance, yet below average in terms of respondents' satisfaction with current services to address the issue were designated as "Needs Attention". Based on the survey responses (issues ranked as above average importance but below average satisfaction), the following three conditions were determined to be needing attention for the six-county service area:

- 1. Violence (including gun violence)
- 2. Stopping falls among the elderly
- 3. Mental health/depression

The top 10 most important issues for respondents were as follows:

- Dental care
- Violence (including gun violence)

- Cancer
- COVID-19
- Heart disease
- Access to healthy/nutritious foods
- High blood pressure
- Stopping falls among elderly
- Mental health/depression
- Arthritis/disease of the joints

Respondents were also asked to indicate whether or not in the last 12 months they had experienced any of a series of SDOH-related issues. 49% (n=3,940) of those who answered the question said that their household expenses had increased. 39% (n=3,161) had experienced anxiety or depression. 29% (n=2,362) said that their medical expenses had increased.

Survey Findings for Westchester County

The following section details the summary of findings for respondents from Westchester County. This is followed by a detailed analysis of responding feedback.

Summary: Survey respondents for Westchester County were mainly white and female. Nearly half the respondents (49%) were 65 years or older, and over half (51%) had a household income of \$100,000 or more. Three out of four respondents had a college degree or higher and over 40% were retired. Nearly half of the respondents indicated experiencing financial challenges with rising expenses to meet basic needs (i.e.: households, rent/mortgage, medical bills). Survey respondents also reported challenges accessing medical care when needed, largely due to the lack of timely appointments available. The top health concerns identified as being important to respondents but with inadequate resources to address them were related to violence, including gun violence, falls among the elderly, worsening mental health.

Demographics

- Language: Approximately 8% of survey respondents spoke a primary language at home other than English; The non-English language primarily spoken at home the most among the survey respondents was Spanish.
- Race/Ethnicity: Survey respondents from this county were mostly White (70%). The proportion of survey respondents that were non-White were Hispanic (14%), Black (9%), AAPI (4%) with 3% as Other.
- **SOGI:** Survey respondents from the county mainly identified as female (73%); 89% of respondents identified as Straight, 3% identified as gay, lesbian or bisexual, and 7% preferred not to say.
- Age: Survey respondents skewed toward older age groups with over 49% aged 65 or older, followed by 35% in the 45-65 age range.
- **Insurance Coverage:** Survey respondents were primarily insured by commercial insurance (44%); 43% were insured by Medicare.

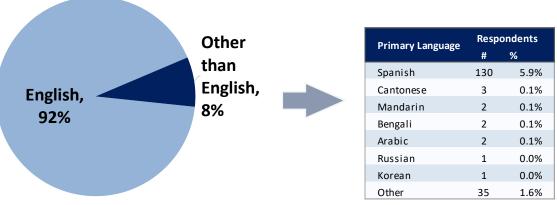
- **Education and Income:** Survey respondents of the county skewed towards highly educated with 75% having a college degree or higher; 51% of the survey respondents had a household income greater than or equal to \$100,000.
- **Employment Status:** Survey respondents were mostly retired (42%), and 35% of respondents were employed full time; approximately 3% of survey respondents were unemployed at the time they took the survey.

Health Status & Needs Identified:

- **Overall Health of Neighborhood:** Approximately 36% of survey respondents identified the overall health of their neighborhood as very good or excellent.
- Physical Health: 17.8% of survey respondents identified their physical health as being 'Fair' or 'Poor'.
- Mental Health: Over 15% of survey respondents identified their physical health as being 'Fair' or 'Poor'.
- **Health-Related Social Needs:** Nearly half of survey respondents (49.2%) indicated they experienced an increase in their household expenses within the last year; 7.9% indicated difficulties in paying their rent or mortgage. Similarly, 28.8% indicated experiencing higher medical expenses in the last year. Additionally, 39.9% respondents indicated experiencing anxiety or depression.
- **COVID-19 Needs:** Over half of survey respondents identified the need for at-home COVID-19 tests (55.7%) and access to boosters for COVID-19 (45.0%). Over 47% of survey respondents also identified the need for reliable sources of information on COVID-19.
- Access to Care: Approximately 17% of survey respondents in the county indicated they were unable to access medical care in-person when they needed it. The top reason identified was that 'There were no available appointments, or I couldn't get an appointment soon enough'. Additionally, 7% of the respondents indicated they were unable to get medical care virtually (video or phone), the primary reason being 'There were no available appointments, or I couldn't get an appointment'.
- **Health Needs Identified:** The three main health needs that survey respondents ranked as having the highest importance but the lowest satisfaction of services within their neighborhood were related to 1) violence (including gun violence), 2) stopping falls among the elderly, 3) mental health and depression.

Survey Respondent Demographics Total Qualified Respondents: 3,377

Primary language you speak at home



No response: 1,192

Asian Heritage	sian Heritage Respondent		
or Ancestry	#	%	
Asian Indian	39	39%	
Chinese	29	29%	
Filipino	20	20%	
Korean	6	6%	
Japanese	3	3%	
Other	4	4%	

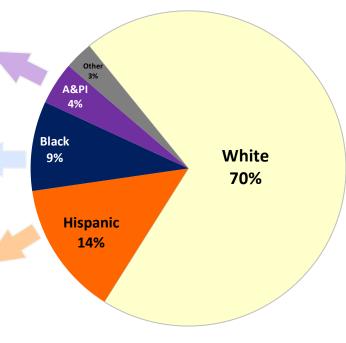
No response: 1

Heritage or Ancestry in	Respondents			
addition to being Black	#	%		
African American	136	60%		
A recent immigrant or				
the child of recent	102	31%		
immigrants from Africa				
Caribbean or West	67 30%			
Indian	07	30%		

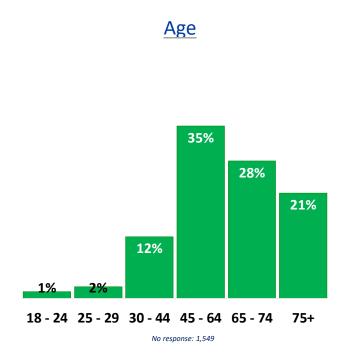
Hispanic/LatinX	Respondents			
Origin or Ancestry	#	%		
Puerto Rican	82	28%		
Mexican	44	15%		
Colombian	38	13%		
Other South American	28	10%		
Other Central American	24	8%		
Dominican	20	7%		
Ecuadorian	19	7%		
Cuban	12	4%		
Other	25	9%		

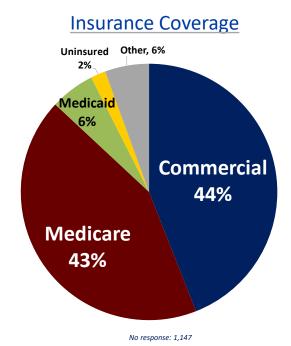
No response: 9

Race & Ethnicity

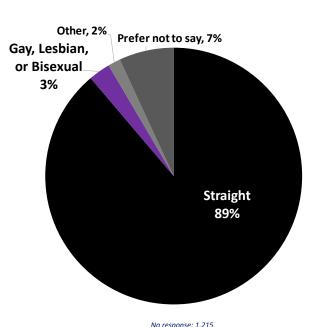


Survey Respondent Demographics Total Qualified Respondents: 3,377

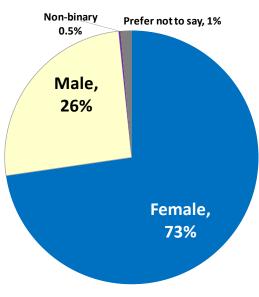




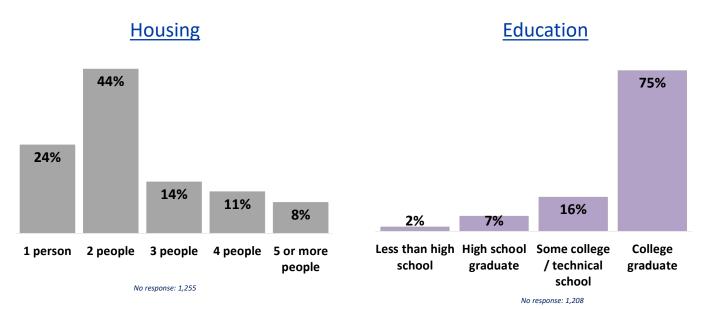
Sexual Orientation



Gender Identity



Survey Respondent Demographics Total Qualified Respondents: 3,377

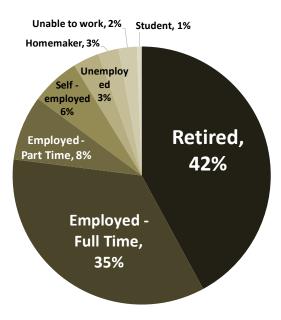


Household Income

\$100,000 or 51% more \$75,000 to 13% \$99,999 \$60,000 to 9% \$74,999 \$50,000 to 7% \$59,999 \$30,000 to 9% \$49,999 \$20,000 to 5% \$29,999 Less than 6% \$20,000

No response: 1,499

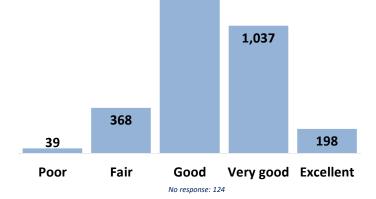
Employment Status



Survey Results Total Qualified Respondents: 3,377

In general, how is your ...

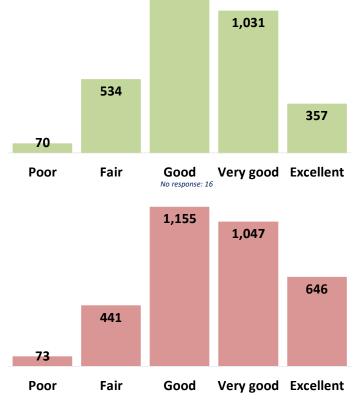
...overall health?



1,369

1,611

...physical health?



...mental health?

Survey Results Total Qualified Respondents: 3,377

What are your COVID-19 needs?*

Responses	#	%
At-home COVID-19 tests	1,304	55.7%
Reliable source(s) of information on COVID-19	1,105	47.2%
Boosters for COVID-19	1,053	45.0%
In-person testing for COVID-19 (e.g., doctor's office, pharmacy, mobile van)	983	42.0%
Personal protective equipment (e.g., masks, hand sanitizer, face shields, gloves)	875	37.4%
Treatment for COVID-19	778	33.2%
COVID-19 vaccination	636	27.2%

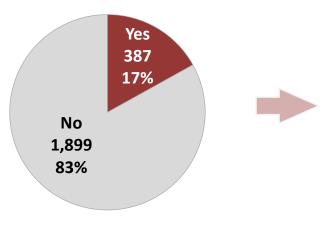
No response: 1,036

In the last 12 months, have you experienced any of the following?*

Responses	#	%
Increased household expenses	1126	49.2%
Anxiety or depression	912	39.9%
Increased medical expenses	659	28.8%
Difficulty paying utilities or other monthly bills	248	10.8%
Difficulty paying your rent/mortgage	181	7.9%
Hunger or skipped meals because you did not have enough money to buy food	68	3.0%
None of the above	637	27.9%

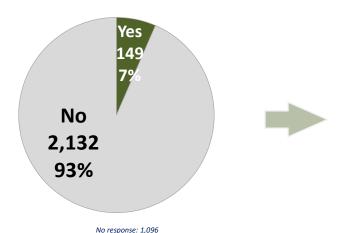
Survey Results Total Qualified Respondents: 3,377

In the last 12 months, was there a time when you needed medical care in-person but did not get it?



No response: 1,091

In the last 12 months, was there a time when you needed medical care by video or phone but could not get it?



Note: * indicates multi-select questions with non-exclusive responses, therefore percentages may not add up to 100%

percentages may not add up to 100%

Prepared by the Office of Strategic Planning at Northwell Health/jc

For which of the following reasons could not get medical care in-person the last 12 months?*

Responses	#	%
There were no available appointments, or I couldn't get an appointment soon enough	241	62.9%
I could not get through on the telephone to make the appointment	117	30.5%
Because of COVID-19	100	26.1%
Once I got there the wait was too long to see the doctor	59	15.4%
I could not afford the cost of care (e.g., copay, deductible)	51	13.3%
I did not have transportation	24	6.3%
I did not have health insurance	23	6.0%
I did not have childcare	9	2.3%
Other	58	15.1%
None of the above	25	6.5%

No response: 4

For which of the following reasons could not get medical care by video or phone in

the last 12 months?*

τ	ne last 12 months?*		
	Responses	#	%
	There were no available appointments, or I couldn't get an appointment	62	41.6%
	I could not get through on the telephone to make the appointment	50	33.6%
	I did not know how to see the doctor by video or phone	21	14.1%
	I did not have a computer, phone, or other device to use for the visit	11	7.4%
	I did not have internet	9	6.0%
	I could not afford the cost of care (e.g., copay, deductible)	7	4.7%
	I did not have a private place to have my appointment	7	4.7%
	I did not have health insurance	4	2.7%
	I did not have data or minutes in my phone plan to use for a visit	4	2.7%
	Other	36	24.2%
	None of the above	18	12.1%

Survey Results Importance and Satisfaction Ratings

Health Condition	Importance Rank*	Importance Score^	Importance Relative to Other Health Conditions	Satisfaction Rank**	Satisfaction Score^	Satisfaction Relative to Other Health Conditions	
		Needs A	Attention				
Violence (including gun violence)	4	4.35	Above Average	18	2.97	Below Average	
Mental health/depression	7	4.14	Above Average	17	3.00	Below Average	
Stopping falls among elderly	8	4.12	Above Average	14	3.18	Below Average	
	Maintain Efforts						
Dental care	1	4.43	Above Average	5	3.65	Above Average	
Cancer	2	4.37	Above Average	6	3.64	Above Average	
Access to healthy/nutritious foods	3	4.37	Above Average	1	3.78	Above Average	
COVID-19	5	4.33	Above Average	2	3.76	Above Average	
Heart disease	6	4.28	Above Average	3	3.71	Above Average	
High blood pressure	9	4.10	Above Average	4	3.70	Above Average	
Women's and maternal health care	10	4.02	Above Average	10	3.42	Above Average	
Arthritis/disease of the joints	11	3.93	Above Average	12	3.35	Above Average	
Adolescent and child health	12	3.91	Above Average	8	3.51	Above Average	
		Relatively L	ower Priority				
Obesity in children and adults	14	3 79	Below Average	20	2 94	Below Average	

Relatively Lower Priority						
Obesity in children and adults	14	3.79	Below Average	20	2.94	Below Average
Substance use disorder/drug addiction						
(including alcohol use disorder)	16	3.62	Below Average	19	2.95	Below Average
Cigarette smoking/tobacco use/vaping/e-						
cigarettes/hookah	18	3.44	Below Average	21	2.93	Below Average
Hepatitis C/liver disease	19	3.14	Below Average	13	3.27	Below Average
Sexually Transmitted Infections (STIs)	20	2.98	Below Average	15	3.04	Below Average
HIV/AIDS (Acquired Immune Deficiency						
Syndrome)	21	2.84	Below Average	16	3.03	Below Average
Diabetes/elevated sugar in the blood	13	3.81	Below Average	9	3.45	Above Average
Asthma/breathing problems or lung disease	15	3.72	Below Average	11	3.39	Above Average
Infant health	17	3.54	Below Average	7	3.51	Above Average

^{*}How important is this issue to you?

^{**}How satisfied are you with current services in your neighborhood?

[^]Rated on a 5-point scale from 1="Not at all" to 5="Extremely"

Northwell CHNA 2022-2024 Secondary Analysis



Population

10 Year Population Change

 Westchester
 NYS
 Westchester
 NYS

 968,738
 19,514,849
 3.1%
 1.5%



Overall County Health Ranking Quality of Life Ranking Length of Life Ranking

6

9

4



Life Expectancy

82.4

years

Birth Rate

10.2

Birth rate per 1,000 population

Mortality Rate

524.1

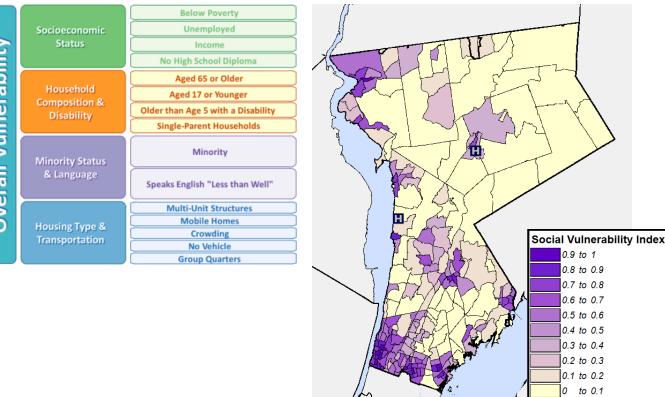
Age-adjusted total mortality rate per 100,000

Top Five Leading Causes of Death

	Condition	Per 100,000 population	Case Count
1	Heart Disease	132.0	1,934
2	Cancer	121.5	1,612
3	CLRD	22.4	319
4	Cerebrovascular Disease	19.6	281
5	Unintentional Injury	24.3	265



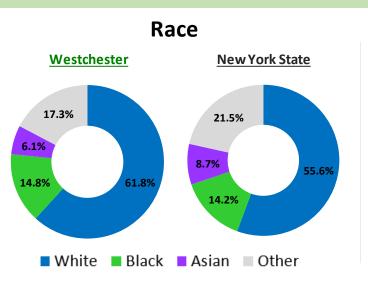
CDC's Social Vulnerability Index

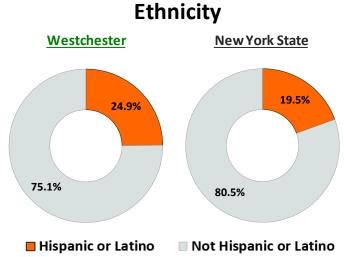


The CDC's purpose in designing the Social Vulnerability Index (SVI) was to provide specific socially and spatially relevant information to help public health officials and local planners, better prepare communities to respond to emergency events such as severe weather, floods, disease outbreaks and chemical exposure.

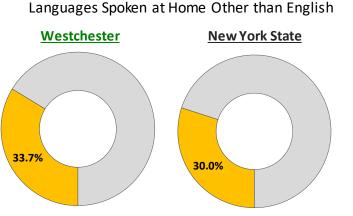
The SVI identifies relative vulnerability of every U.S. Census tract and ranks census tracts on 15 social factors, including unemployment, minority status, and disability. It groups these measures into four related themes, as well as an overall ranking.

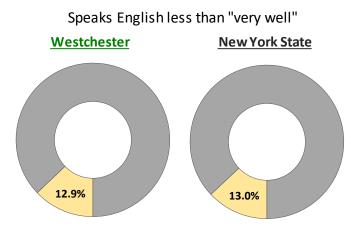


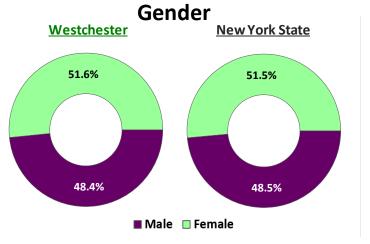


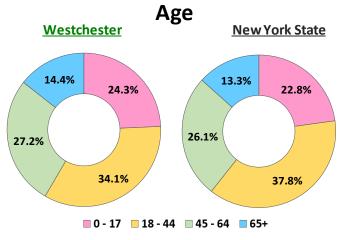


Language









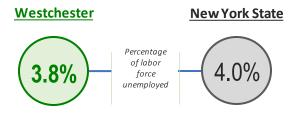


Income

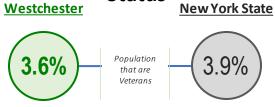
Sannual median household income in household

US dollars

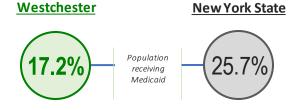
Unemployment



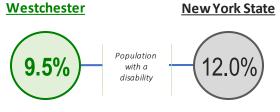
Veteran Status



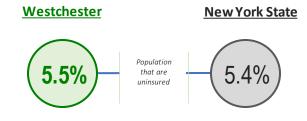
Medicaid Insured



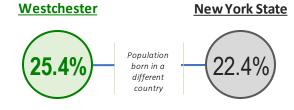
Disability Status



Uninsured

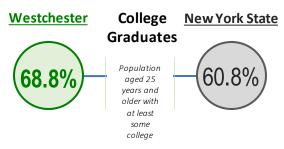


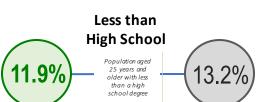
Foreign Born



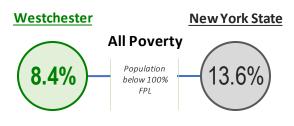


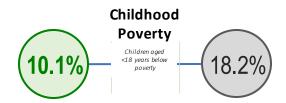
Education



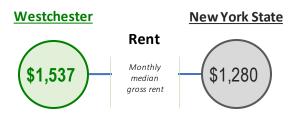


Poverty





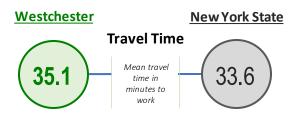
Housing



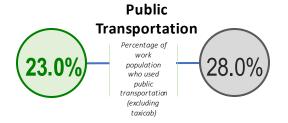




Transportation







Health Status

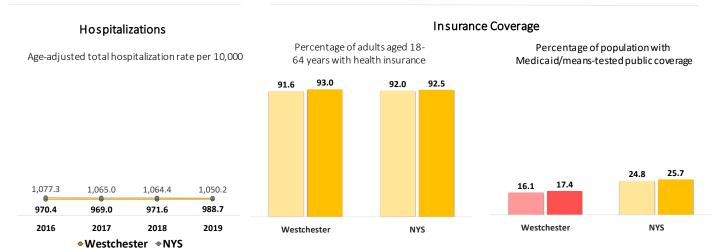


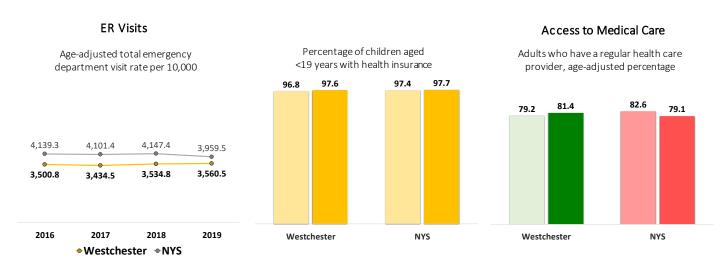
Findings:

- · Hospitalizations in the County and New York State (NYS) remained relatively stable between 2016-2019,
- Emergency department visits have been relatively stable between 2016 2019 with the County having a lower rate than the NYS overall
- The percentage of adults between 18-64 with health insurance has remained stable at above 93% in the County
- Children in the County have health insurance at comparable rates to the State, above 97%
- The percentage of the County population that are Medicaid insured population is smaller than the State, but has shown an increase
- The percentage of adults with access to a regular healthcare provider improved in the County compared to the State

Healthcare Utilization

Healthcare Access







Health Status



Findings:

- Total preventable hospitalization rates remained relatively flat for both the County and the State; the County rates remained lower than the State
 overall
- In comparison to the White population, the County's Black population has experienced an increase in preventable hospitalizations; the overall trend for both the County and the State have worsened
- The Hispanic-to-White ratio of preventable hospitalizations in the County have noticeably improved; the trends worsened for the State overall
- The County experienced an improvement in the percentage of total premature deaths decreasing to 18%, lower than the State's rate of 22.7%
- The disparity in premature deaths between Black and White populations in the County have improved while the State's rate has remained flat
- The disparity in premature deaths between Hispanic and White populations in the County improved and is higher than it is for the State

Preventable Hospitalizations

Black to White Overall Hispanic to White Potentially preventable hospitalizations among Potentially preventable hospitalizations among adults, Potentially preventable hospitalizations adults, age-adjusted rate per 10,000 difference in age-adjusted rates per 10,000 between among adults, difference in age-adjusted Black non-Hispanics and White non-Hispanics rates per 10,000 between Hispanics and White non-Hispanics 144.8 141.3 128.1 125.9 115.8 107.0 104.4 102.7 34.6 21.9 -8.9 -14.6 Westchester Westchester NYS Westchester NYS Premature Deaths

Overall

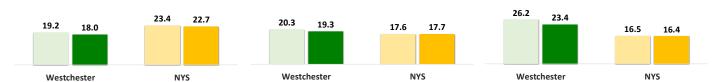
Percentage of premature deaths (before age 65 years)

Black to White

Premature deaths (before age 65 years), difference in percentages between Black non-Hispanics and White non-Hispanics

Hispanic to White

Premature deaths (before age 65 years), difference in percentages between Hispanics and White non-Hispanics





Health Behaviors



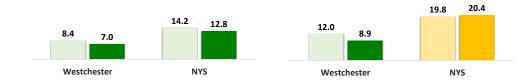
Findings:

- The overall prevalence of cigarette smoking has improved in both the County and the State; (County 8.4% to 7.0% vs State 14.2 % to 12.8%)
- The percentage of cigarette smoking among the County's low-income adults has improved and is lower than the rate statewide which stayed relatively flat
- The County's percentage of low-income adults consuming sugar beverages has improved and is lower compared to the State
- The County has a noticeably lower percentage of households receiving Food Stamp/SNAP benefits compared to the State; no major changes were observed to this trend
- The percentage of students eligible for free/reduced price lunch has had minimal change in the County but has worsened in the State, reaching 37.3% and 55.2% respectively

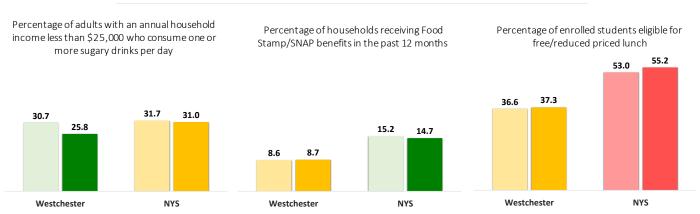


Prevalence of cigarette smoking among adults

Percentage of cigarette smoking among adults with income less than \$25,000



Healthy Eating & Food Security





Health Behaviors



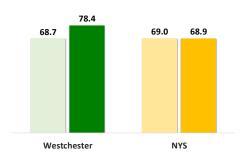
Findings:

- The rate of adults participating in physical activity for leisure has improved in both the County and the State
- · Adults 65 and older improved in their rates of leisure time physical activity in the County compared to the State
- Rates of physical activity also improved for adults with disabilities at the County and State level
- The percentage of children aged 2-4 years old enrolled in WICand watching TV for 2 hours or less a day was relatively stable in the County but noticeably increased for the State

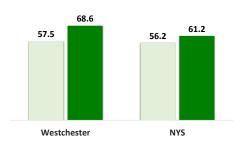
Physical Activity

Percentage of adults who participate in leisuretime physical activity Percentage of adults who participate in leisuretime physical activity, aged 65+years

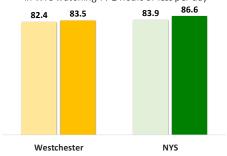




Percentage of adults with disabilities who participate in leisure-time physical activity



Percentage of children (aged 2-4 years) enrolled in WIC watching TV 2 hours or less per day



Improving
2015 - 2017
2018 - 2020



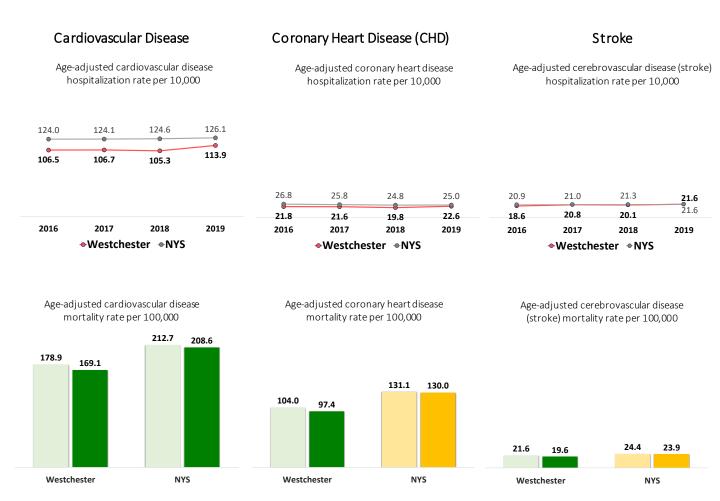


Chronic Conditions



Findings:

- Hospitalization rates for cardiovascular disease have worsened in the County since 2016; the County's mortality rates due to cardiovascular disease are lower than the State; both State and County mortality rates have shown reductions
- The County's rate of hospitalizations for coronary heart disease (CHD) have worsened but have been lower than the State rate
- The County's mortality rate for CHD has improved over the last few years, while the State's mortality rate for CHD stayed stable
- The rate of hospitalizations for cerebrovascular strokes are comparable to the State but have worsened; stroke related mortality rates have experienced slight improvement in the County, but were stable in the State





Chronic Conditions

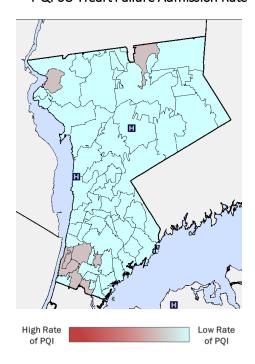


Findings:

- The County's rate of preventable heart failure inpatient admissions is lower than the State and has decreased since 2017
- Compared to the State, the County's mortality rate from congestive heart failure is lower, and has improved (from 9.2 to 8.7)
- · Preventable Quality Indicators (PQI) for heart failure admission rates were concentrated in the southern sections of the County

Heart Failure Potentially preventable heart Age-adjusted congestive heart failure hospitalization rate per failure mortality rate per 100,000 10,000 - Aged 18 years and older 42.4 41.7 11.6 39.8 10.8 9.2 8.7 38.0 35.7 36.1 2017 2018 2019 Westchester NYS ◆Westchester ◆NYS Getting Worse 2015 - 2017 2015 - 2017 2015 - 2017 2018 - 2020 2018 - 2020

PQI 08 Heart Failure Admission Rate

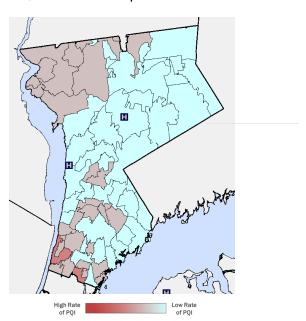




Findings:

- The overall rate of preventable admissions were highest in the southern and northwestern section of the County
- · The southern and central part of the County also experienced the high rates of preventable admissions for acute conditions
- The percentage of adults with chronic conditions who took a course or class to learn how to manage their condition, although lower than the State, showed an increase in the County as compared to no change statewide
- Preventable admissions for chronic conditions were highest in the northwestern and southwestern sections of the County

PQI 90: Overall Composite of Admissions

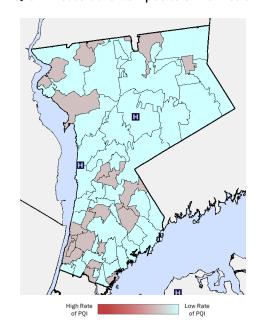


Chronic Conditions

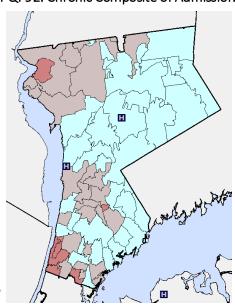
Percentage of adults with chronic conditions (arthritis, asthma, CVD, diabetes, CKD, cancer) who have taken a course or class to learn how to manage their condition



PQI 91: Acute Care Composite of Admissions



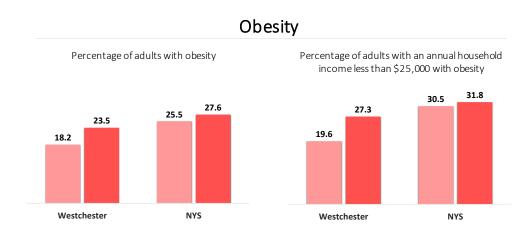
PQI 92: Chronic Composite of Admissions

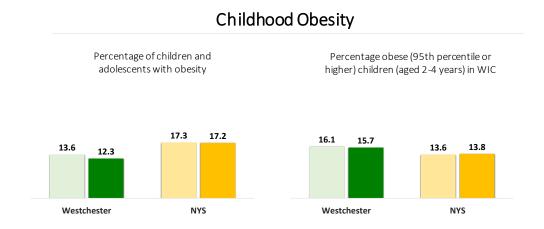




Findings:

- The adult obesity rate for the County has trended in the same direction as the State and has worsened; the County's obesity rate is slightly less than the State's obesity rate
- The percentage of the County's low-income adults with obesity has worsened (from 19.6% to 27.3%), and is currently lower than the rate statewide
- Obesity trends among children and adolescents have improved in the County but remained flat in the State; the County has a lower rate of childhood obesity than the state (12.3% vs 17.2%)
- The percentage of children (aged 2-4) in the WIC program who are obese is higher in the County, compared to the State (15.7% vs 13.8%)







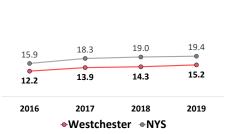


Findings:

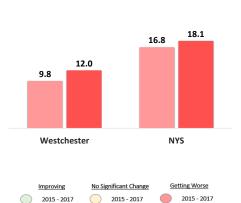
- The County has a lower rate of hospitalization due to diabetes compared to the State, but rates have increased since 2016 (from 12.2% to 15.2%)
- Diabetes related mortality rates have worsened both county- and state-wide, however, the County has a comparably lower rate (12.0% v 18.1%)
- There has been a decline in the State and County's adult (ages 45+) population who tested for high blood sugar or diabetes in the last 3 years
- PQI 93 diabetes composite inpatient admission rates are highest in the southern and eastern sections of the County

Diabetes

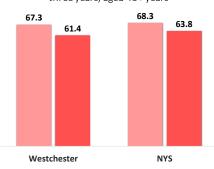
Age-adjusted diabetes hospitalization rate per 10,000 (primary diagnosis)



Age-adjusted diabetes mortality rate per 100,000



Percentage of adults who had a test for high blood sugar or diabetes within the past three years, aged 45+ years

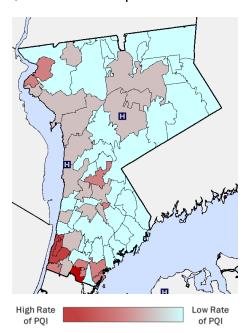


PQI 93 Diabetes Composite Admission Rate

2018 - 2020

2018 - 2020

2018 - 2020



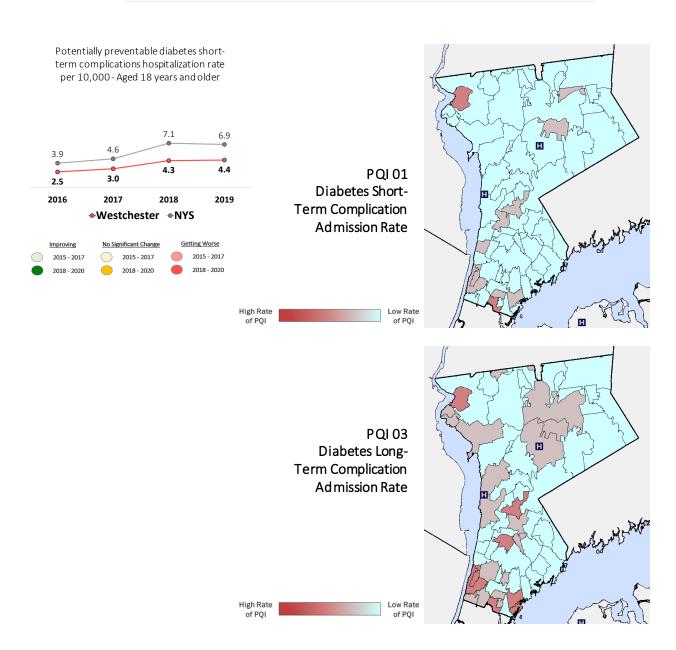
Chronic Conditions: Diabetes



Findings:

- Preventable hospitalizations for short term complications from diabetes steadily increased in both the County and the State since 2016
- PQIs 01 and 03, preventable inpatient admissions for both short- and long-term complications due to diabetes are highest in southern portions of the County; PQI 03 admission rates for long term complications are also relatively higher in the northern-central portions of the County

Diabetes Complications



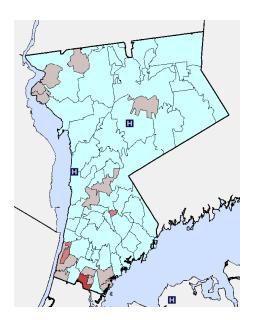


Findings:

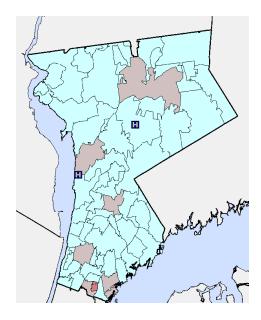
- PQI 14 uncontrolled diabetes admission rates are clustered in the southern sections of the County
- · PQI 16 lower-extremity amputation among patients with diabetes rates are high on the northeastern and southern parts of the County

Diabetes Complications

PQI 14 Uncontrolled Diabetes Admission Rate



PQI 16 Lower-Extremity Amputation among Patients with Diabetes Rate

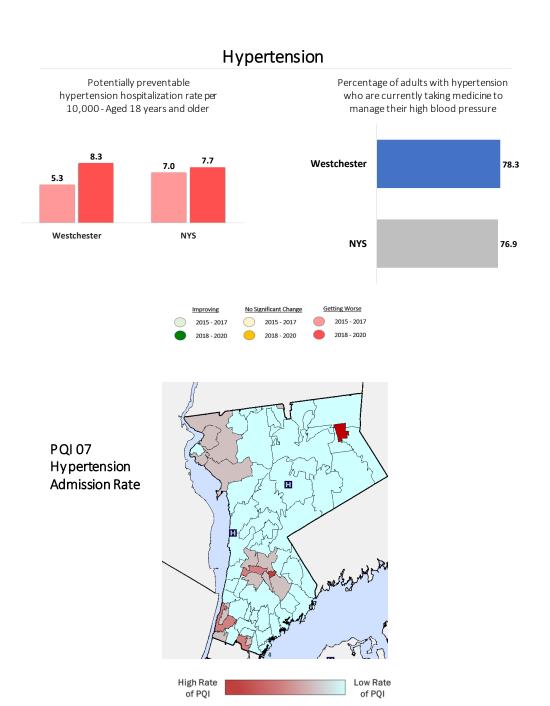


High Rate of PQI Low Rate of PQI



Findings:

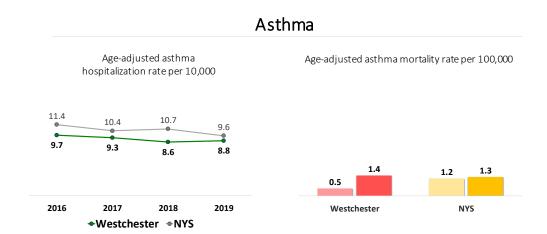
- Preventable hospitalization rates for adults with hypertension has worsened in both the County and the State, with relatively higher rates in the County (8.3% vs 7.7%)
- At 78.3%, the County has more adults with hypertension taking medicine to manage their high blood pressure than the State at 76.9%
- PQI 07 Hypertension admission rates are highest in the northwestern, northeastern, and southern portions of the County



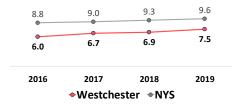


Findings:

- The County's age-adjusted rates of hospitalizations for asthma is decreased since 2016 and has been consistently lower than the State
- Asthma related age-adjusted hospitalization rates trended upwards for adults 65+ in the County and at a faster pace than the State
- The age-adjusted asthma mortality rate considerably increased in the County (from 0.5 to 1.4 per 100,000 population) while the mortality rate in the State stayed relatively flat



Asthma hospitalization rate per 10,000 - Aged 65 years or older



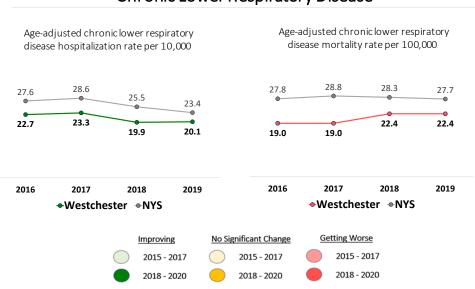




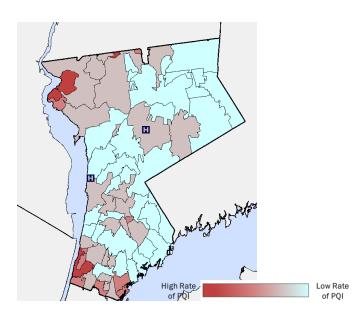
Findings:

- · Since 2016, hospitalization rates for chronic lower respiratory disease have decreased in the County and the State
- Mortality rates per 100,000 from chronic lower respiratory disease have increased from 19.0 to 22.4 per 100,000 (age-adjusted)
- PQI 05 Chronic Obstructive Pulmonary Disease (COPD) or asthma in older adults admission rates are high in the northwestern and southeastern portions of the County

Chronic Lower Respiratory Disease



PQI 05 Chronic Obstructive Pulmonary Disease (COPD) or Asthma in Older Adults Admission Rate





Findings:

- Emergency department visit rates for asthma among the youth aged 0-17 declined significantly from 2016-2019 in the County and NYS
- PQI 15 asthma in younger adults admission rates are relatively low across the County but highly concentrated in a local neighborhood in the northeastern part of the County
- · Hospitalization rates for pneumonia and the flu among those age 65 and older decreased in both the County and the State
- PQI 11 community acquired pneumonia admission rates were high in the northwestern and southern portions of the County

Youth Asthma & Pneumonia

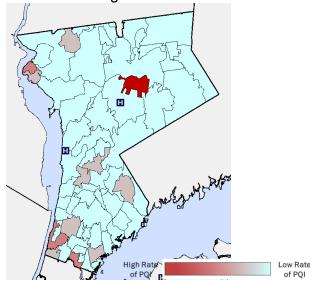
Asthma emergency department visits, rate per 10,000, aged 0-17 years







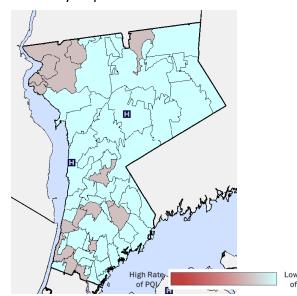
PQI 15 Asthma in Younger Adults Admission Rate



Pneumonia/flu hospitalization rate per 10,000 - Aged 65 years and older



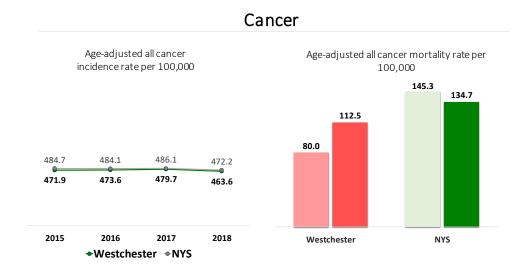
PQI 11 Community Acquired Pneumonia Admission Rate





Findings:

- The age-adjusted incidence rate for all cancer was higher in the County than the State; the trend in the rate since 2015 has improved
- The age-adjusted mortality rate for all cancer worsened for the County (from 80.0 to 112.5 per 100,000) but improved for the State (145.3 to 134.7 per 100,000)







Findings:

- · The age-adjusted incidence rate for ovarian cancer declined but has been consistently higher in County than the State
- The age-adjusted mortality rate from ovarian cancer declined in the County and the State
- The age-adjusted incidence rate for cervix uteri cancer were unchanged in County and slightly decreased in the State since 2015
- · The age-adjusted mortality rate for cervix uteri cancer was unchanged in the County but improved in the State

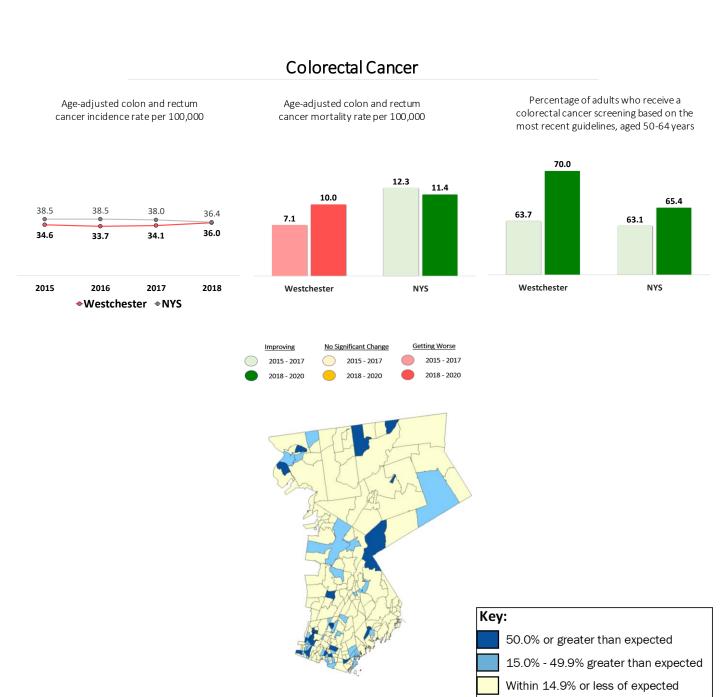
Ovarian Cancer Cervix Uteri Cancer Age-adjusted ovarian cancer Age-adjusted cervix uteri cancer incidence rate per 100,000 incidence rate per 100,000 13.4 12.7 8.2 11.9 7.8 7.6 10.9 7.2 12.2 8 11.8 11.6 10.8 7.1 6.4 6.4 5.3 2015 2016 2017 2018 2015 2016 2017 2018 ◆Westchester ◆NYS WestchesterNYS Age-adjusted ovarian cancer Age-adjusted cervix uteri cancer mortality rate per 100,000 mortality rate per 100,000 6.7 6.2 5.0 2.2 1.8 0.9 0.9 NYS NYS Westchester Westchester





Findings:

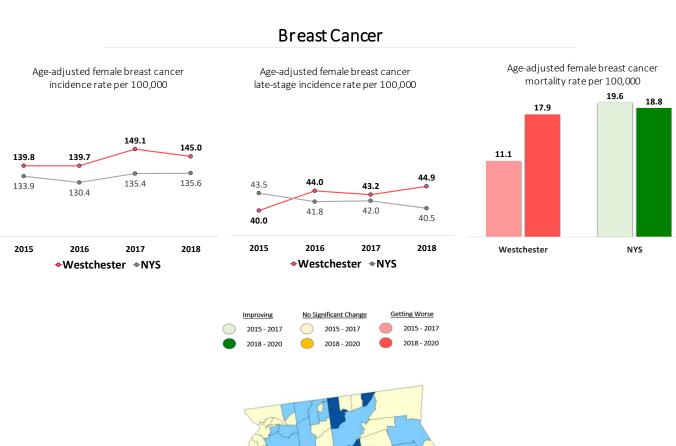
- The County had a higher age-adjusted colon and rectum cancer incidence rate as compared to the State
- · The age-adjusted mortality rate from colon and rectum cancer increased in the County and decreased in State
- The percentage of adults aged 50-64 receiving a colorectal cancer screening improved substantially in the County and surpassing the rate statewide
- The southern, eastern and northeastern portions of the County had greater than expected rates of observed colorectal cancer cases

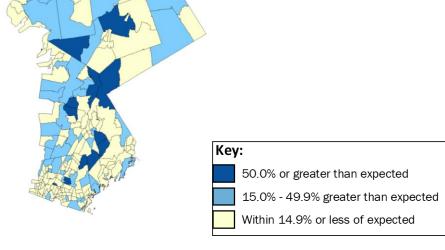




Findings:

- The County's age-adjusted incidence rates for female breast increased since 2015
- · The age-adjusted late-stage female breast cancer rates worsened in the County while improving in the State
- The age-adjusted female breast cancer mortality rate increased in the County while decreasing in the State
- Greater than expected cases of breast cancer were observed in throughout most of the County but more highly concentrated the center of the County







Findings:

- Between 2015 to 2019, the County's age-adjusted incidence rate for prostate cancer decreased while late-stage prostate cancer incidence increased
- The age-adjusted mortality rate for prostate cancer worsened in the County, while improving in the State

Improving

2015 - 2017

2018 - 2020

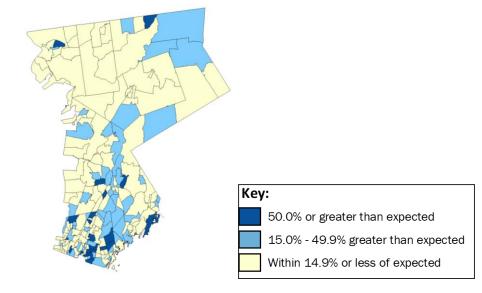
• The southern and eastern parts of the County observed greater than expected cases of prostate cancer

Prostate Cancer Age-adjusted prostate cancer Age-adjusted prostate cancer late Age-adjusted prostate cancer incidence rate per 100,000 stage incidence rate per 100,000 mortality rate per 100,000 18.0 16.6 13.4 12.4 141.8 137.7 135.0 128.1 30.4 28.4 132.4 26.0 130.0 24.5 125.4 122.6 25.6 23.9 25.4 23.0 2015 2016 2017 2018 2015 2016 2017 2018 Westchester NYS **◆**Westchester ◆NYS Westchester •NYS

No Significant Change

2015 - 2017

2018 - 2020



Getting Worse

2015 - 2017 2018 - 2020



Findings:

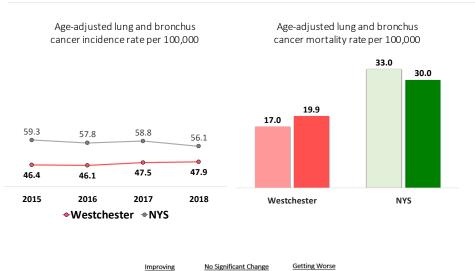
- The age-adjusted incidence rate for lung and bronchus cancer has been increased in the County as compared to the State
- $\bullet \quad \text{The age-adjusted lung and bronchus cancer mortality rates both worsened for the County but improved for the State} \\$

2015 - 2017

2018 - 2020

• The County observed low rates of deviations from expected estimations of cases for lung cancer

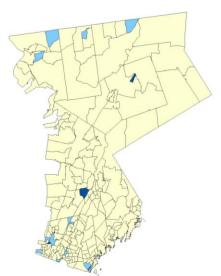
Lung Cancer

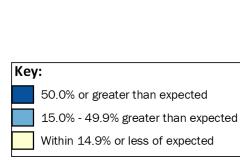


2015 - 2017

2018 - 2020

2015 - 2017 2018 - 2020



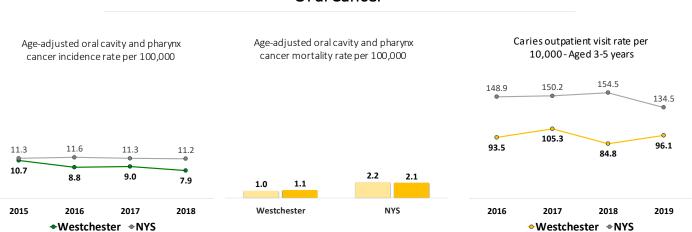




Findings:

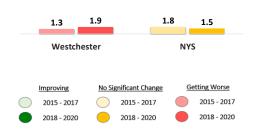
- The age-adjusted incidence for oral cavity and pharynx cancer decreased for the County and stayed flat for the State; mortality rates for both County and State remained relatively unchanged
- The rate of outpatient visits for dental caries among children 3-5 years old between 2016 and 2019 has fluctuated but largely remained flat in its trend; the County rate is considerably less than the rate statewide has been still significantly lower than the State
- · The age-adjusted melanoma mortality rate worsened for the County and stayed flat for the State.

Oral Cancer



Melanoma

Age-adjusted melanoma cancer mortality rate per 100,000



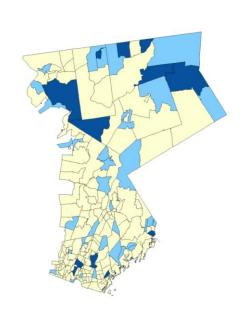


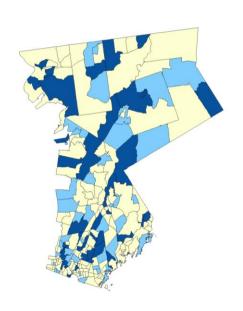
Findings:

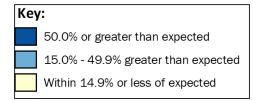
- The northern portions of the County experienced greater than expected rates of urinary cancer cases
- $\bullet \quad \text{Greater than expected rates of non-Hodgkin's Lymphoma cancer cases was observed throughout the entire County} \\$

Urinary Cancer

Non-Hodgkin's Lymphoma





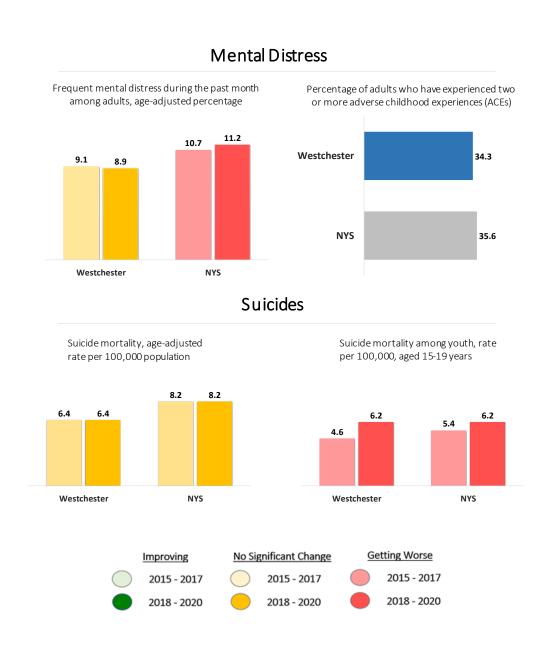


Well-Being, Mental Health & Substance Use Disorders



Findings:

- The age-adjusted percentage of County residents who experienced mental distress during the past month, stayed flat in the County but increased in the State
- The County also has had a similar rate of adults reporting adverse childhood experiences compared to the State
- Age-adjusted suicide rates have remained unchanged in the County and the State
- · Age-adjusted suicide rates for youths aged between 15-19 years old have increased in the County and the State.



Well-Being, Mental Health & Substance Use Disorders



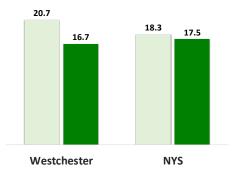
Findings:

- · The age-adjusted percentage of binge drinking, reported in the past month remained improved in the County and the State
- The rate of alcohol related motor vehicle injuries have increased in the County and are similar to the State overall
- The age-adjusted opioid overdose death rate got worse since 2015 for both the County and the State
- The rate of opioid overdose ED visits have noticeably decreased in the State but remained relatively flat in the County
- The age-adjusted opioid analgesic prescription rates declined for both the County and the State, however the County's rate is relatively lower in comparison to the State
- The rate of buprenorphine prescriptions have remained increased in the County and the State

Substance Abuse

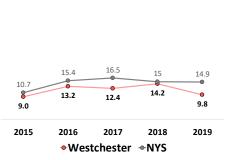
Binge Drinking

Binge drinking during the past month among adults, age-adjusted percentage



Opioid Overdose Deaths

Overdose deaths involving any opioids, age-adjusted rate per 100,000 population



Prescribed Opioid Use

Opioid analgesic prescription, age-adjusted rate per 1,000 population



Drunk Driving

Alcohol related motor vehicle injuries and deaths per 100,000

Opioid Overdose ED Visits

ED visits (incl outpatients & admitted patients) involving any opioid overdose, age-adjusted rate per 100,000 population

Buprenorphine Use

Patients who received at least one buprenorphine prescription for opioid use disorder, age-adjusted rate per 100,000 population





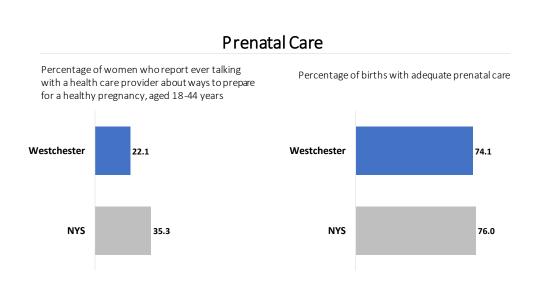




Findings:

- The County and NYS percentages of women aged 18-44 and 45+ receiving a preventive medical visit are very similar
- In the County, only 22.1% of women aged 18-44 reported talking with a health care provider about ways to prepare for a healthy pregnancy as compared to only 35.3% in NYS.
- The percentage of births with adequate prenatal care are 74.1% and 76% for the County and the State, respectively.

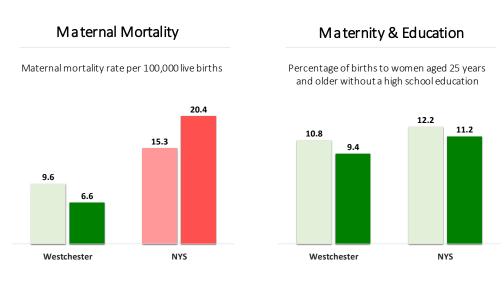
Percentage of women with a preventive medical visit in the past year, aged 18-44 years Percentage of women with a preventive medical visit in the past year, aged 45+ years Westchester 75.4 Westchester NYS 85.9





Findings:

- The maternal mortality rate considerably decreased in the County while it noticeably increased in the State; the County rate is only a third of the overall rate statewide
- The percentage of births to women aged 25+ without a high school education declined in the County and the State
- · The percentage of premature births remained slighty worsened for the County while remaining relatively flat for the State
- The County had a higher percentage of cesarean section births compared to the State (37.1% vs 33.2%), however the trends were stable



Complicated Births Percentage of premature births with <37 weeks Percentage of births delivered by cesarean section gestation 37.8 37.1 34.0 33.2 9.3 9.2 9.0 8.9 Westchester NYS NYS Westchester





Findings:

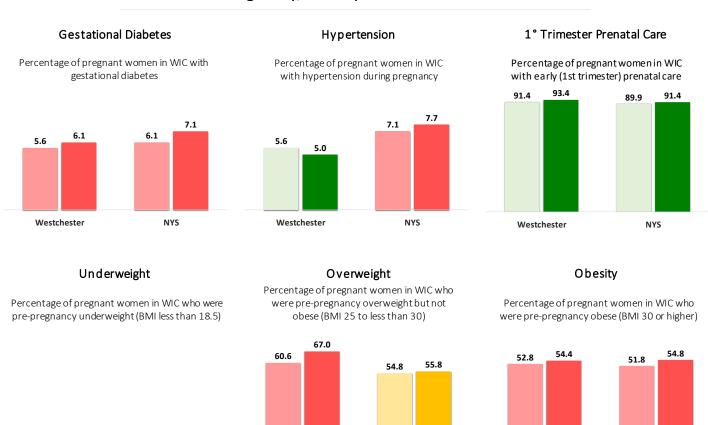
3.2

Westchester

NYS

- The percentage of pregnant women in WIC who have gestational diabetes rose in the County and the State
- · The percentage of pregnant women in WIC with hypertension improved in the County but worsened in the State
- The percentage of pregnant women in WIC with 1st trimester prenatal care improved in both the County and the State
- The percentage of women in WIC who were pre-pregnancy underweight slightly improved for the County and the State
- Compared to the State, the County had a higher percent of women in WIC who were pre-pregnancy overweight; the County rates worsened while the State rates remained flat
- The percentage of pregnant women in WIC who were pre-pregnancy obese worsened for the County and the State

Pregnancy, Poverty & Comorbidities





NYS

Westchester

NYS

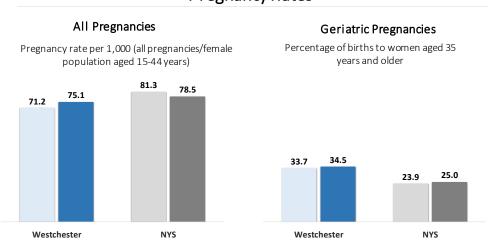
Westchester



Findings:

- The pregnancy rate is lower in the County than in the State but it has experienced a slight increase, in contrast to the State rate which has slightly declined
- The percentage of geriatric pregnancies, defined as births to women aged 35 years or older, wasslightly higher in the County than in the State
- Teen pregnancy rates worsened for the County and improved for the State; the County rates was less than the State rate
- The percentage of births to teens did not change noticeably in either the County or the State

Pregnancy Rates



Teen Pregnancy Rates

Teen pregnancy rate per 1,000 females aged 15-19 years

Percentage of births to teens - Aged 15-19 years







Findings:

- The fertility rate declined steadily among women aged 15-44 in the County and the State
- The teen fertility rate declined slightly in both the County and State.
- · The abortion ratio in the County significantly increased in the County while the State remained largely unchanged

Fertility Rates

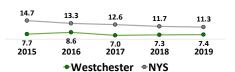
All Fertility Rates

Fertility rate per 1,000 females - Aged 15-44 years

Teen Fertility Rates

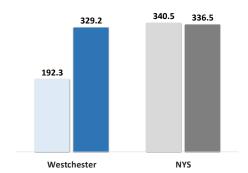
Teen fertility rate per 1,000 (births to mothers aged 15-19 years/female population aged 15-19 years)





Abortions

Abortion ratio (induced abortions per 1,000 live births) - All ages





Westchester



Findings:

- The infant mortality rate per 1,000 live births (<1 year) has been flat in the County and the State; the County rate has been below the statewide rate
- The percentage of low birthweight singleton births (<2.5 kg) remained the same since 2015 for the County while increasing for the State
- · The crude rate of newborns with any diagnosis relating to maternal drug use showed marked improvements in both the County and the State

Mortality Rate Low Birthweight Mortality rate per 1,000 live births - Infant (<1 year) Percentage low birthweight (<2.5kg) singleton births 4.5 4.5 4.3 5.9 5.9 5.8 6.0 6.1 5.9

Newborn Withdrawals

NYS

2015

2016

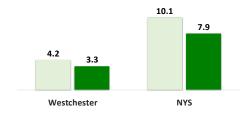
2017

◆Westchester ◆NYS

2018

2019

Newborns with neonatal withdrawal symptoms and/or affected by maternal use of drugs of addiction (any diagnosis), crude rate per 1,000 newborn discharges







Findings:

- The percentage of 6-month-old infants enrolled in WIC who were breastfed improved for both the County and the State
- The percentage of infants who were supplemented with formula in the hospital remained stable in the County
- The percentage of infants exclusively breastfed in the hospital remained flat in both County and State
- · The percentage of Black non-Hispanic infants exclusively breastfed increased in the County and remained flat in the State
- The percentage of Hispanic infants exclusively breastfed remained flat for the County

Breastfeeding

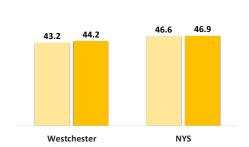
At 6 Months

Percentage of infants enrolled in WIC who are breastfed at 6 months among all WIC infants

Formula Supplementation

Percentage of infants supplemented with formula in the hospital among breastfed infants





All Infants

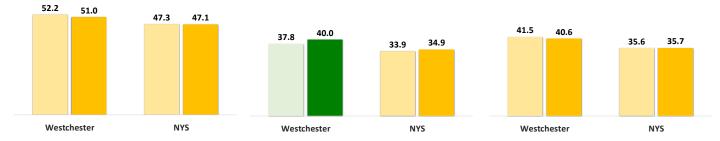
Percentage of infants who are exclusively breastfed in the hospital among all infants

Black Infants

Percentage of infants who are exclusively breastfed in the hospital among Black non-Hispanic infants

Hispanic Infants

Percentage of infants who are exclusively breastfed in the hospital among Hispanic infants







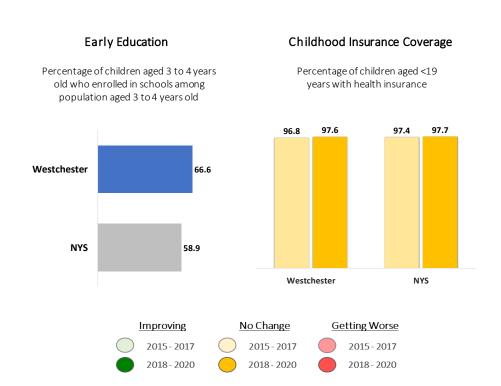
Findings:

- The percentage of children in poverty remained relatively flat for both County and State, however the County has only a little more than half the rate of childhood poverty compared to the State
- Roughly 66.6% of children aged 3 to 4 in the County and the State are enrolled in early education
- Over 97% of children below the age of 19 have health insurance coverage on the County and State-levels.

Childhood Poverty

Percentage of children aged <18 years below poverty







Findings:

- The mortality rate for children aged 1-4 declined in the County but remained flat in the State
- The mortality rate for children aged 5-14 remained flat in the County and the State
- The mortality rate for youth aged 15-19 declined in the County and the State
- The trend in teenage suicides has worsened in the County (going from 4.6 to 6.2) and the State (5.4 to 6.2)

Pediatric Deaths

Mortality rate per 100,000 -Aged 1-4 years

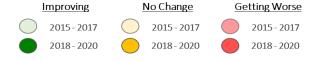
Mortality rate per 100,000 -Aged 5-14 years Mortality rate per 100,000 - Aged 15-19 years



Youth Suicide

Suicide mortality among youth, rate per 100,000, aged 15-19 years







Findings:

- The percentage of children and adolescents with obesity slightly improved for the County while remaining flat for the State
- The percentage of obese children aged 2-4 in WIC improved in the County but remained flat in the State; the County rates are relatively higher
- Rates of asthma related ED visits for youth aged 0-17 steadily declined in the County and the State
- The rate of outpatient visits for dental caries among children 3-5 years old has were stable but has been still significantly lower than the State

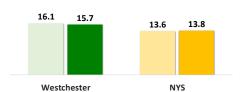
Childhood Obesity

Percentage of children and adolescents with obesity

Childhood Obesity & Poverty

Percentage obese (95th percentile or higher) children (aged 2-4 years) in WIC





Youth Asthma

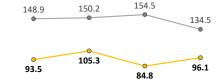
Asthma emergency department visits, rate per 10,000, aged 0-17 years



◆Westchester ◆NYS

2017

2016



Pediatric Oral Health

Caries outpatient visit rate per 10,000 -

Aged 3-5 years



Improving 2015 - 2017 2018 - 2020

2018

2019



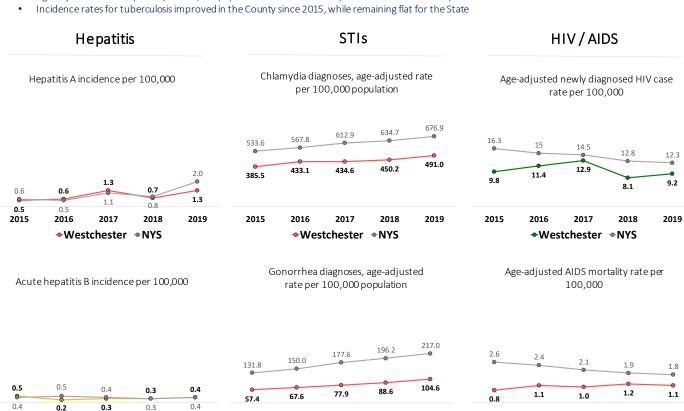


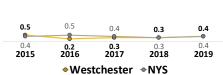
Communicable Diseases



Findings:

- Incidence rates per 100,000 population for hepatitis A have been low, but worsened since 2015, in both the County and the State
- Incidence rates per 100,000 population for acute hepatitis B have been low, and flat since 2015, in both the County and the State
- Rates of chronic hepatitis C cases per 100,000 population improved for both the County and the State
- Age-adjusted rates of sexually transmitted diseases per 100,000 population, such as chlamydia, early syphilis, and gonorrhea allsteadily increased since 2015, for both the County and the State
- Age-adjusted rates per 100,000 population for newly diagnosed HIV cases remained slightly improved for the County but decreasedfor the State
- Age-adjusted mortality rates per 100,000 population for AIDS relatively increased for the County but decreased for the State









Chronic Hepatitis C cases per 100,000



Early syphilis diagnoses, age-adjusted rate per 100,000 population

Tuberculosis

Tuberculosis incidence per 100,000





Communicable Diseases



0.2

2019

Findings:

- The County's incidence rates got worse for diseases such as E. coli, haemophilus influenza, pertussis salmonella and shigella
- The County's incidence rates remained mostly flat for conditions such as meningococcus
- The County's incidence rate improved for mumps between 2015 2019

E. coli Meningococcus Haemophilus Influenza Haemophilus influenza incidence per 100,000 E. coli Shiga Toxin incidence per 100,000 Meningococcal incidence per 100,000 2.2 2.0 1.8 1.5 1.9 1.8 1.5 2.0 2.0 1.8 0.3 1.6 0.0 0.1 0.0 1.2 1.1 1.0 0.1 **2018** 2015 2015 2016 2017 2018 2019 2016 2017 2015 2016 2017 2018 2019 WestchesterNYS WestchesterNYS ◆Westchester ◆NYS Mumps Pertussis Mumps incidence per 100,000 Pertussis incidence per 100,000 10.6 2.8 2.0 4.9 1.1 0.6 3.5 0.5 0.2 2.9 1.0 2015 2015 2016 2017 2018 2019 2016 2017 2018 2019 ◆Westchester ◆NYS WestchesterNYS Salmonella Shigella Salmonella incidence per 100,000 Shigella incidence per 100,000 16.4 12.7 12.7 12.6 7.7

15.8

2019

3.8

3.1

2017

WestchesterNYS

6.1

2019

3.7

2018

3.0

2.6

2016

3.1

2015

12.2

2017

WestchesterNYS

11.9

2016

11.4

2015

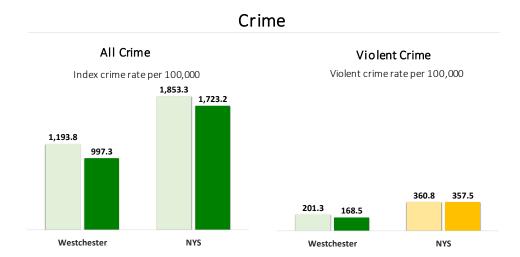
12.1

2018



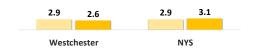
Findings:

- The index crime rate has improved for both the County and the State; however, the rates for the County are noticeably lower than the State The violent crime rate is markedly lower in the County compared to the State
- The County's violent crime rate improved while remaining largely unchanged for the State
- The homicide rate remained flat for the County and the State



Homicides

Age-adjusted homicide mortality rate per 100,000







Findings:

- The age-adjusted hospitalization rate for all assaults was slightly lower in the County compared to the State; trends for both State and County remained flat
- Firearm assault-related hospitalizations are very similar between the County and the State and remained flat
- · The rate of assault-related hospitalizations ratio between black and white persons increased in the County and decreased statewide
- The rate of assault-related hospitalizations ratio between Hispanic and white persons remained flat for the County and the State

Assaults

All Assaults

Age-adjusted assault hospitalization rate per 10,000

Firearm Assaults

Firearm assault-related hospitalizations, rate per 10,000 population





Assaults: Black/White

Assault-related hospitalizations, ratio of rates between Black non-Hispanics and White non-Hispanics

Assaults: Hispanic/White

Assault-related hospitalizations, ratio of rates between Hispanics and White non-Hispanics









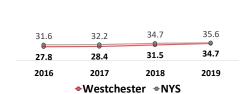
Findings:

- The age-adjusted hospitalization rate from falls has been lower in the County than in the State; Hospitalizations for adults over 65+ years old increased in the County on par with State trends
- Work-related hospitalizations per 100,000 employed persons increased in both the County and the State since 2016, with rates in the County remaining consistently lower than the State
- The ratio of work-related ED visits between black and white individuals was slightly higher in the County compared to the State but remained flat overall

Falls

Age-adjusted falls hospitalization rate per 10,000

Hospitalizations due to falls among adults, rate per 10,000 population, aged 65+ years





Work-Related Injuries

All Hospitalizations

Work-related hospitalizations per 100,000 employed persons aged 16 years and older

98.0 117.8 109.9 103.4 2016 2017 2018 2019 •Westchester •NYS

ED Visits among Minorities

Work-related emergency department (ED) visits, ratio of rates between Black non-Hispanics and White non-Hispanics







Findings:

- The County had a lower rate of motor vehicle injury and mortality per 100,000 compared to the State; County rates worsened while State rates
 remained flat
- Alcohol related motor vehicle injuries and deaths declined in the County and the State
- The rate of crash-related pedestrian fatalities sharply increased in the County and surpassed the State rates which remained relatively flat

Vehicle Injuries & Deaths

Fatal Accidents Drunk Driving - Injuries & Deaths Alcohol related motor vehicle Age-adjusted motor vehicle injury mortality rate per 100,000 injuries and deaths per 100,000 60.2 57.4 55.8 55.2 5.3 5.1 3.4 3.8 Westchester NYS NYS Westchester

Pedestrian Deaths

Crash-related pedestrian fatalities, rate per 100,000 population







Findings:

54.9

46.1

2016

2017

2018

WestchesterNYS

2019

- · Since 2016, the age-adjusted hospitalizations for unintentional injuries steadily increased in both the County and the State
- The age-adjusted mortality rates for unintentional injuries have improved for both County and State, however the County rates are relatively lower
- The hospitalization rate from other injuries including poisonings and self-inflicted injuries have worsened in the County and in the State
- Age-adjusted rate for traumatic brain injury hospitalizations was increased in the County

Age-adjusted unintentional injury hospitalization rate per 10,000 Age-adjusted unintentional injury mortality rate per 100,000 57.9 62.0 64.6 35.6 62.7 27.8 24.3

Westchester

NYS

Other Injuries Poisonings Self-Inflicted Injuries Traumatic Brain Injuries Age-adjusted self-inflicted injury Age-adjusted poisoning Age-adjusted traumatic brain injury hospitalization rate per 10,000 hospitalization rate per 10,000 hospitalization rate per 10,000 7.8 7.7 7.4 7.0 7.6 7 5 7.4 3.9 3.7 6.2 3.5 3.6 7.4 7.1 5.5 4.9 6.4 6.1 4.1 2.3 2.2 3.0 2.8 2016 2017 2018 2019 2016 2017 2018 2019 2016 2017 2018 2019 WestchesterNYS WestchesterNYS WestchesterNYS



GREATER NEW YORK HOSPITAL ASSOCIATION

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2022 GNYHA CHNA SURVEY COLLABORATIVE

CHNA SURVEY COLLABORATIVE OVERVIEW

In early 2022, GNYHA offered member hospitals and health systems the opportunity to participate in the GNYHA Community Health Needs Assessment (CHNA) Survey Collaborative. The collaborative supported participating members' primary data collection efforts to meet the requirements of the Federal CHNA and the New York State Community Service Plan (CSP) by gathering information on community health needs and engaging with community members. While not a required element of a CHNA, surveys can be a part of a hospital's CHNA and CSP along with other community engagement efforts and secondary data such as surveillance data from public health departments. The collaborative complemented longstanding GNYHA efforts to support members throughout their CHNA and CSP development and implementation process.

A diverse group of GNYHA member hospitals participated in the 2022 collaborative, including community and safety net hospitals, small health systems, and large academic medical centers. GNYHA developed a health needs assessment survey with member input, made the survey available in 11 languages on paper and online, collected the data and analyzed the results, and created custom reports for each participating hospital. The members recruited participants from their communities to respond to the survey, and more than 17,600 community members responded.

COLLABORATIVE SURVEY DESIGN

The CHNA collaborative survey is an abbreviated version of the 2022 GNYHA Model Community Health Needs Assessment Survey. GNYHA members provided input in multiple stages through a collaborative and iterative process. GNYHA developed the survey using best practice approaches in survey design and needs assessment. The survey used validated questions from existing surveys such as the Centers for Disease Control and Prevention Behavioral Risk Factor Surveillance System (CDC BRFSS) and the New York City Department of Health and Mental Hygiene's Community Health Survey (NYC CHS). GNYHA sought to minimize respondent burden by keeping the survey length to a minimum.

Community members could complete the survey online in a format compatible with mobile devices. The members also received copies of the survey in 11 languages (English and the top 10 languages spoken among non-English speakers as designated by New York State), which participants could print and use for data collection. Before the collaborative began, participating hospitals gave GNYHA a list of the counties or zip codes where the hospital would field the survey. GNYHA attributed respondents who lived in a hospital's survey service area to that hospital. Hospitals recruited members of their community to participate in the survey and entered data from paper surveys online. Each hospital received a report with data from respondents who live in that service area.

COLLABORATIVE SURVEY RESULTS

Approximately 17,600 community members responded to the survey, and about 70% completed the entire survey. Community members qualified for the survey if they were age 18 and above and lived within any of the geographic areas identified by the members as their hospital's service area.



GNYHA

During the survey fielding period, GNYHA held member forums in which the members shared best practices and challenges in recruiting community members for the survey. GNYHA produced biweekly geographic and demographic reports summarizing the responses in their service area, which allowed hospitals to adjust their dissemination strategy.

Following the survey's close, GNYHA provided each participant with a report that summarized the survey responses and respondent demographics, and a spreadsheet with the processed respondent-level data for their service area, allowing for participating hospitals to conduct additional analyses. GNYHA also provided technical assistance to each hospital to interpret their results and identify areas of need, and created custom reports as requested by members.

2022 Community Health Survey

We want to improve the health services we offer to people who live in your neighborhood. The information you give us will be used to improve health services for people like yourself.

Completing the survey is voluntary. We will keep your answers private. If you are not comfortable answering a question, leave it blank.

We value	your input. Thank you very much for your help.
1 Are you	18 years of age or older?
0	Yes
0	No \rightarrow Thank you very much, but we are only asking this survey of people who are ages 18 and older.
	t people from all different neighborhoods to take part in this survey. Please tell us the zip e you live so we can identify your neighborhood.
7ir	a code:

IF YOU PROVIDED A ZIP CODE, PLEASE GO TO PAGE 3. YOU DO NOT NEED TO ANSWER THESE QUESTIONS.

3 Do you live in New York City?

- O Yes
- \bigcirc No \rightarrow Skip to 5

Livingston County

4 If you live in New York City, please select the borough where you live:

- \bigcirc The Bronx \rightarrow Go on to page 3
- \bigcirc Brooklyn \rightarrow Go on to page 3
- \bigcirc Manhattan \rightarrow Go on to page 3
- \bigcirc Queens \rightarrow Go on to page 3
- \bigcirc Staten Island \rightarrow Go on to page 3

5 If you do not live in New York City, please tell us the county where you live:

 Albany County Madison County O Tioga County Allegany County Monroe County ○ Tompkins County O Broome County Montgomery County Ulster County Cattaraugus County O Nassau County O Warren County Cayuga County O Niagara County Washington County O Wayne County Oneida County Chautauqua County Chemung County Onondaga County Westchester County Chenango County Ontario County Wyoming County Clinton County Orange County Yates County Columbia County Orleans County Cortland County O Swego County Other O Delaware County Otsego County O Dutchess County O Putnam County ○ Erie County • Rensselaer County Essex County Rockland County ○ Franklin County Saratoga County ○ Fulton County Schenectady County Genesee County Schoharie County Greene County Schuyler County O Hamilton County Seneca County O St. Lawrence County Herkimer County Jefferson County Steuben County Lewis County

Suffolk County

O Sullivan County

6 In gener	al, how is the overall health of the people of your neighborhood?
0	Poor
0	Fair
0	Good
0	Very good
0	Excellent
7 In gener	al, how is your physical health?
0	Poor
0	Fair
0	Good
0	Very good
0	Excellent
8 In gener	al, how is your mental health?
0	Poor
0	Fair
0	Good
0	Very good
0	Excellent

9 For each of the following, please tell us: How important is each of the following to you and how satisfied are you with the current services in your neighborhood to address each health issue?

	How important is this issue to you?				How satisfied are you with current services?							
	Don't know	Not at all	A little	Somewhat	Very	Extremely	Don't know	Not at all	A little	Somewhat	Very	Extremely
1 Access to healthy/nutritious foods	0	0	0	0	0	0	0	0	0	0	0	0
2 Adolescent and child health	0	0	0	0	0	0	0	0	0	0	0	0
3 Arthritis/disease of the joints	0	0	0	0	0	0	0	0	0	0	0	0
4 Asthma/breathing problems or lung disease	0	0	0	0	0	0	0	0	0	0	0	0
5 Cancer	0	0	0	0	0	0	0	0	0	0	0	0
6 Cigarette smoking/tobacco use/vaping/ e-cigarettes/hookah	0	0	0	0	0	0	0	0	0	0	0	0
7 COVID-19	0	0	0	0	0	0	0	0	0	0	0	0
8 Dental care	0	0	0	0	0	0	0	0	0	0	0	0
9 Diabetes/elevated sugar in the blood	0	0	0	0	0	0	0	0	0	0	0	0
10 Heart disease	0	0	0	0	0	0	0	0	0	0	0	0
11 Hepatitis C/liver disease	0	0	0	0	0	0	0	0	0	0	0	0
12 High blood pressure	0	0	0	0	0	0	0	0	0	0	0	0
HIV/AIDS (Acquired Immune Deficiency Syndrome)	0	0	0	0	0	0	0	0	0	0	0	0
14 Infant health	0	0	0	0	0	0	0	0	0	0	0	0
15 Mental health/depression	0	0	0	0	0	0	0	0	0	0	0	0
16 Obesity in children and adults	0	0	0	0	0	0	0	0	0	0	0	0
17 Sexually Transmitted Infections (STIs)	0	0	0	0	0	0	0	0	0	0	0	0
18 Stopping falls among elderly	0	0	0	0	0	0	0	0	0	0	0	0
Substance use disorder/drug addiction (including alcohol use disorder)	0	0	0	0	0	0	0	0	0	0	0	0
20 Violence (including gun violence)	0	0	0	0	0	0	0	0	0	0	0	0
21 Women's and maternal health care	0	0	0	0	0	0	0	0	0	0	0	0

10 What a	are your COVID-19 needs? (Select all that apply)
	At-home COVID-19 tests
	Boosters for COVID-19
	In-person testing for COVID-19 (e.g., doctor's office, pharmacy, mobile van)
	Personal protective equipment (e.g., masks, hand sanitizer, face shields, gloves)
	Treatment for COVID-19
	Reliable source(s) of information on COVID-19
	COVID-19 vaccination
11 In the l	last 12 months, was there a time when you needed medical care in-person but did not get it ason?
0	Yes
0	No \rightarrow Skip to 13
12 For wh (Select all	
	I could not afford the cost of care (e.g., copay, deductible)
	I did not have health insurance
	There were no available appointments, or I couldn't get an appointment soon enough
	I could not get through on the telephone to make the appointment
	Once I got there the wait was too long to see the doctor
	I did not have transportation
	I did not have childcare
	Because of COVID-19
	Other
	None of the above
	ast 12 months, was there a time when you needed medical care by video or phone but could
U	for any reason? Yes
0	No \rightarrow Skip to 15
J	110 / DKIP to 10

	which of the following reasons could you not get medical care by video or phone in the last 12 s? (Select all that apply)
	I could not afford the cost of care (e.g., copay, deductible)
	I did not have health insurance
	There were no available appointments, or I couldn't get an appointment soon enough
	I could not get through on the telephone to make the appointment
	I did not have a computer, phone, or other device to use for the visit
	I did not know how to see the doctor by video or phone
	I did not have internet
	I did not have data or minutes in my phone plan to use for a visit
	I did not have a private place to have my appointment
	Other
	None of the above
. .	
	he last 12 months, have you experienced any of the following? (Select all that apply)
0	Anxiety or depression
0	Difficulty paying your rent/mortgage Difficulty paying utilities or other monthly hills
0	Difficulty paying utilities or other monthly bills Increased household expenses
0	Increased medical expenses
0	Hunger or skipped meals because you did not have enough money to buy food
0	None of these
16 Wh	at type of health insurance do you use to pay for your doctor or hospital bills? Is it insurance th:
0	A plan purchased through an employer or union (including plans purchased through another person's employer)
0	A plan that you or another family member buys on your own
0	Medicare
0	Medicaid or other state program
0	TRICARE (formerly CHAMPUS), VA, or Military
0	Alaska Native, Indian Health Service, Tribal Health Services
0	Some other source
0	I do not have any kind of health insurance coverage

1/	wn	at is your age?
18	Are	e you
10		Male
	0	Female
	0	Non-binary
	0	Another gender
	0	Prefer not to say
19	Do	you describe yourself as
	0	Lesbian or Gay
	0	Straight, that is not Gay
	0	Bisexual
	0	Other
	0	Prefer not to say
20	Are	you Hispanic or Latino/Latina/Latinx?
	0	No
	0	Yes → Answer 21
		21 Which group best represents your Hispanic or Latino/Latina/Latinx origin or ancestry?
		O Puerto Rican
		O Dominican
		O Mexican
		O Ecuadorian
		O Colombian
		O Cuban
		Other Central American
		Other South American
		O Other

22 W h	nich one or more of the following would you say is your race? (Select all that apply)
	White
	Black or Black American → Answer 23 23 Some people in addition to being Black, have a certain heritage or ancestry. Do you identify with any of these? (Select all that apply)
	☐ African American
	☐ Caribbean or West Indian
	☐ A recent immigrant or the child of recent immigrants from Africa
	☐ Other
	Asian → Answer 24
	24 Please tell me which group best represents your Asian heritage or ancestry?
	□ Chinese
	☐ Asian Indian
	☐ Filipino
	☐ Korean
	□ Japanese
	☐ Vietnamese
	□ Other
	Middle Eastern or North African
	Native Hawaiian or Other Pacific Islander
	American Indian, Native, First Nations, Indigenous Peoples of the Americas, or Alaska Native
	Other
25 Wh :	at is the highest grade or year of school that you have completed?
0	Grades 8 (Elementary) or less
0	Grades 9 through 11 (Some High School)
0	Grade 12 or GED (High School Graduate)
0	Some college or technical school
0	College graduate or more
26 Incl	uding yourself, how many people usually live or stay in your home or apartment? person(s)

21	wn	nat is the primary language you speak at nome?
	0	English
	0	Spanish
	0	Mandarin
	0	Cantonese
	0	Russian
	0	Yiddish
	0	Bengali
	0	Korean
	0	Haitian Creole
	0	Italian
	0	Arabic
	0	Other
28	Wh	at is your current employment status? Select the category that best describes you.
	0	Employed full-time for wages or salary
	0	Employed part-time for wages or salary
	0	Self-employed
	0	Out of work for 1 year or more
	0	Out of work for less than 1 year
	0	A homemaker
	0	A student
	0	Retired
	0	Unable to work
29.	Wh	at is your household's annual household income from all sources, before taxes, in the last year?
		sehold income we mean the combined income from everyone living in the household including even
-		ates or those on disability income.
	0	Less than \$20,000
	0	\$20,000 to \$29,999
	0	\$30,000 to \$49,999
	0	\$50,000 to \$59,999
	0	\$60,000 to \$74,999

This is the end of the survey. Thank you very much for your help.

\$75,000 to \$99,999\$100,000 or more